25/02/22

NOTRE DAME HIGH SCHOOL

Dear Parents, Carers, Students, Staff and Friends of the School

As you will be aware the Government has changed much of the advice relating to how we deal with the pandemic. The following points are designed to provide clarity. For the latest comprehensive guidance from the government, click <u>here</u>.

Although the legal framework has changed, we still expect all members of the community to follow the government advice, thus reducing the infection rate within the school and protecting the most vulnerable within our communities. We thank you in advance for your cooperation on this.

Asymptomatic testing

From 21 February, staff and pupils in mainstream secondary schools will not be expected to continue taking part in regular asymptomatic testing and should follow asymptomatic testing advice for the general population. Further information is available in the NHS <u>Get tested for coronavirus (COVID-19) - NHS</u> (www.nhs.uk)

Face Coverings

Are no longer required in school, however, we continue to be sensitive to the different circumstances and needs of young people and their families and we will continue to allow the wearing of face coverings should students wish.

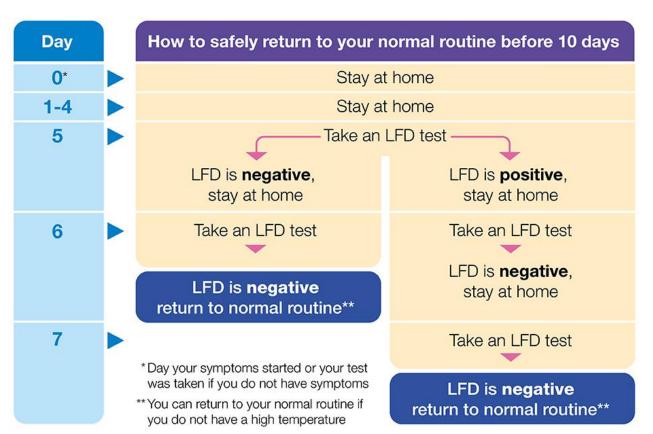
When an individual develops COVID-19 symptoms or has a positive test

Pupils, staff and other adults should follow the guidance '<u>COVID-19: people with COVID-19 and their contacts -</u> <u>GOV.UK (www.gov.uk)</u>' if they have COVID-19 symptoms. If you have symptoms, isolate, seek a test and proceed as previously required. Important extracts are as below:

• Children and young people with COVID-19 should not attend their education setting while they are infectious. They should take an LFD test from 5 days after their symptoms started (or the day their test was taken if they did not have symptoms) followed by another one the next day. If both these tests results are negative, they should return to their educational setting if they normally attend one, as long as they feel well enough to do so and do not have a temperature.

Many people will no longer be infectious to others after 5 days. You may choose to take an LFD test from 5 days after your symptoms started (or the day your test was taken if you did not have symptoms) followed by another LFD test the next day. If both these test results are negative, and you do not have a high temperature, the risk that you are still infectious is much lower and you can safely return to your normal routine.

How to safely return to your normal routine before 10 days



If your day 5 LFD test result is positive, you can continue taking LFD tests until you receive 2 consecutive negative test results.

Finally, I would like to take this opportunity to send our prayers and thoughts to the people of Ukraine and all people directly caught up in the War, especially children.

Best Wishes,

Tom Pinnington - Headteacher

Prayer for Peace in Ukraine

O Prince of Peace, Once more we hear the guns of war, Once more we see the faces of frightened children. We pray for the people of Ukraine, That they may be granted peace; We pray for the people of Russia, That they may demand peace; We pray for our country, That we may be a positive part of peacemaking in this world. O Prince of Peace, Lead us from this dark time To a deeper understanding of the global human family, So all may break bread together In the secure embrace of peace.

Amen