



Ah,  
Qu'il est  
**Bon**  
le bon  
**Dieu**



**NDHS** LIFE to  
the **FULL**

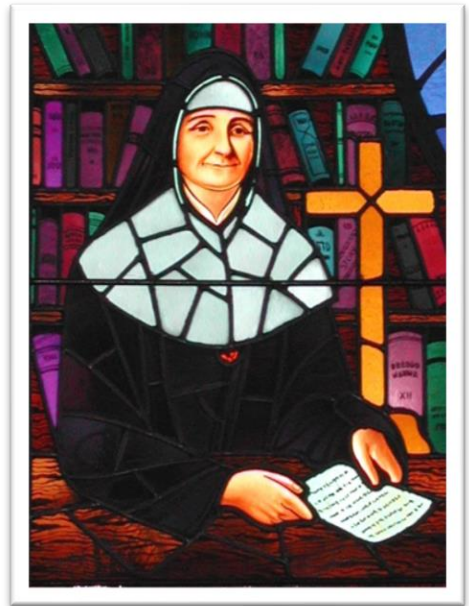
# WHO IS SAINT JULIE BILLIART?

Our school was established in 1864 by an order of nuns called the Sisters of Notre Dame. The order was founded by Julie Billiart in France, in 1804.

Julie had a passion for providing all young people with an education, particularly girls. Julie used the image

of a sunflower always turning towards the sun as metaphor for how our lives should be focussed on the goodness of God.

She was canonised in 1969 and her feast day is 13<sup>th</sup> May.



**OUR SCHOOL PRAYER**

Loving God,  
Help us  
to turn towards  
your goodness.  
Teach us  
to have hearts  
as wide  
as the world  
and live life  
to the full.  
*Amen*

Ah,  
Qu'il est  
Bon  
le bon  
Dieu

NDHS LIFE to the FULL

A simple soul is one who seeks only God and does not fear being laughed at or despised.

Above all, do not give way to fear.

The good God is our strength.

Ah, qu'il est bon, le bon Dieu!

Ah, how good the good God is!

All will go well if we allow the good God to act.

Always begins with gentleness; that is the way the Spirit of the good God inspires.

Always keep up your confidence; that is the best way to live in peace and union with the good God.

Ask the good God to bless the crosses which his hand lays upon you.

Ask of the good God the spirit of perseverance in everything.

As long as we serve God with our whole hearts, God will not abandon us.



Be like the sunflower that follows every movement of the sun, and keep your eyes always turned towards our good God.

Be very careful not to be agitated about success or failure.

Be persons of prayer; it is impossible to pray well and not be obedient or charitable.

Courage, strength, and above all, simplicity in order not to allow yourself to be troubled.

Do not allow yourself to be too harassed, but reanimate your faith in order to carry the yoke of the Lord cheerfully.

Do what you can and don't waste time lamenting over what you can't do.

Do what you reasonably can with great peace and simplicity of heart.

Do your best and after that, go on simply. God gives the growth when it pleases Him.

Draw great advantage from all trials.

Follow the poor to the most abandoned places.

For goodness sake, let us use well the time the good God gives us

From time to time, God grants us a sweetness which encourages us so that when it is absent we remember that God's help is indeed here.

Go on from moment to moment. It is the surest way of doing the holy will of God.

God loves a simple heart which does its best.

God asks of us not promises but efforts – sustained and persevering efforts.

Good will alone is not enough; it must also be put into practice.

How great the harvest is everywhere, and how few labourers there are.

How hard and yet joyfully we must fight against temptations and not be afraid of them.

How the good God loves hearts which appreciate the value of His gifts.

However dry your prayer appears to you, by your spirit of faith and sacrifice, you will always find in it support for the way.





I am not worried, I leave all this trouble to the providence of the good God.

I ask for you a year overflowing with graces and blessings of heaven for your spiritual progress then good health for the accomplishment of God's will.

I do not think of what people say or think of me, I want to have God for my judge.

If you do not cultivate the interior spirit, you will never do anything of much value.

If you wish your children to respect you, speak to them yourselves with respect.

If we are humble, God will make us instruments for the saving of souls, angels of peace for the whole world.

In Jesus Christ we are all one nation though we come from different countries and different grades of society.

In periods of darkness we can only wait for the sun to re-appear.

In whatever way God comes to us, he must always be welcome.

It is a good sign when the good God causes us to do what we have neither seen nor wanted.

It is not a little thing to be both Martha and Mary. We must fulfil both these vocations at once.

Labour unremittingly to become holy for the holier you are, the holier those who follow you.

Leave well enough alone and go on gently with patience, charity, kindness, peace, and without worry.

Let God act freely in you. Do less yourself and you will see that He will do his work in peace and quiet.

Let us always go on sowing the good seed; then live in the peace of God.

Let us do everything for the love of the good God with the sole aim of pleasing him.

Let us do our best and ask God to do the rest.

Let us follow the good God step by step. Let us not go faster than He does.

Let us go on from day to day. There must be no looking back upon the past, no anxieties about the future. I repeat, about the future!

Let us keep close the Sacred Heart of Jesus.

Let us practice great simplicity with the good God; only looking at the good we can do.

Let us preserve the spark of faith which still exists in our society by the grace of the good God.

Let us rest in the Lord; God turns all things together into good for those who love God.

Let us stand fast in times of darkness.

Let us support each other by our prayers which are feeble in themselves but strong through the merits of Jesus Christ.

Let us try to acquire a sense of the holy presence of the good God.

Listen to the Spirit of the good God and do nothing until you have prayed to God to know what God asks of you.

Much courage and great patience. In time the good God will show you what ought to be done.

My God, patience!

My heart utters but one cry, "My God, what do you want me to do?"

My wish for you is great peace and union among you.

Never let the peace of your heart be disturbed by anything in the world.

Nothing causes trees to be more strongly rooted than great winds.



Often too much human foresight stands in the way ...  
prudence, of course, but afterward let the grace of God do its  
work.

Our blunders must not be an obstacle to the work of God's  
grace in us.

Our charity must not be limited by the love we have for one  
another. It must make our hearts as wide as the universe.

Our God does not want you to take fright if you commit some  
blunder, but to offer it quite simply to the good God,  
humbling yourself; for turning in on ourselves harms us  
exceedingly.

Our path has been marked out for us, let us walk along it  
bravely remembering Jesus goes before us.

Patience and courage. It is impossible in this life not to have a  
mixture of ups and downs.

Patience, the good God has his plans, let us follow them with  
all our hearts.

Peace and union of hearts; that is the bond of all the earth.

Peace is the greatest pledge of God's love for you. Preserve  
this precious treasure carefully.

Plenty of energy, but no fuss. You can be very active and yet  
go gently.

Remember for the whole of your life that if you are not truly interior, you will never find the good God easily in your heart; consequently it will be very empty.

See the good God in everything.

Solid virtues, solid virtues – without these all will be gone with the wind!

Teach them what is necessary for life.

The good God asks us to do only the good in our power - what we can do with the help of His grace.

The good God asks us to sow and He undertakes to make the seed bear fruit in its season.

The good God loves very much to make something out of nothing.

The good God will always give us at the right time and in the right place, whatever we need.

The good God will give you grace and light to know what is right at the time.

The more generous you are with God, the more liberal God will be with you.

The work of the good God requires persons who labour every day at becoming perfect.

There is much more merit in living with imperfect people than in living with saints.

There is nothing more contrary to the Spirit of God in prayer than wanting to see and understand everything.

Things do not always depend on us. We must want what God wants. He sometimes wants to see our faith and confidence in him.

Time is a great master; I prefer to let it pass. It will teach us many things.

To do some good, it must cost something.

Virtue must animate us to do everything well for the greater glory of the good God.

We are what we want to be by the efforts we are willing to make.

We have a long way to go before we are perfect. Let us trudge on every day one step further!

We live in uncertain times where we have to fight against many enemies...

We must always go along the road God has sent us.

We must always have recourse to the Blessed Virgin in all our wants both spiritual and temporal.

We must be gentle without weakness. The good God gives the right balance.

We must be patient, you and I. Things do not go straight in this life.

We must in all things avoid an argumentative spirit which, as you know, leads to uneasiness of mind and makes us lose our peace of soul.

We must not grow tired of waiting for the most favourable time; the good God has waited so long for us.

We need patience, great patience.

We need something more than courage. We need patience, great patience.

We say again and again that God is good.

When the good God asks something of us, he gives us the means of doing it!

When you have free moments, go faithfully to prayer. The good God is waiting for you there.

With the help of the good God all will go well, provided we do not want to go faster than God does.

Without the cross, I should never hope for any good to come from this work.

You shall enjoy peace if you are full of charity and if you are faithful to your prayer.

You will find in prayer the strength for your journey.

You will have more ups and downs; you must expect them, for that is how we all are.

Your perseverance in daily prayer will earn you many graces

Your spiritual progress must be based on the firm and solid rock of the holy word of God.



# Who is Sr. Dorothy Stang?

Sister Dorothy was a Notre Dame nun from America. She moved to Brazil, dedicating her life to defending the rainforest and its native people.

She spoke out against the destruction of the forest by illegal loggers and ranchers.

Sister Dorothy received many death threats to stop

her from speaking out. However, she chose not to abandon the people and the forest she cared for.

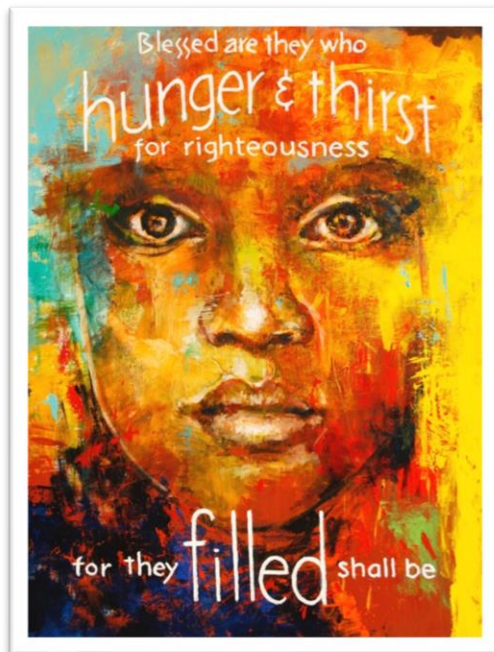
Sister Dorothy believed that the rainforest is vital to all our lives.

She often wore a t-shirt with a quote in Portuguese which translates as ***'The death of the forest is the end of our life'***.





Tragically, Sister Dorothy was assassinated on 12<sup>th</sup> February 2005. As she faced her killers, she read out loud the following passage from her bible.



*'Blessed are the peacemakers,  
for they shall be called  
the children of God.  
Blessed are they who hunger  
and thirst for justice,  
for they will be satisfied.  
Blessed are the poor in spirit,  
for theirs is the kingdom of heaven.'*

**Matthew 5:9**

She was shot 6 times and abandoned in the forest.

Thousands of people attended her funeral.



## *Sr. Dorothy Stang Quotes*

*A Morte da floresta é o fim da nossa vida.*

The death of the forest is the end of our life.

I pray daily that someday our world can hear the appeal that Christ our true liberator makes to each of us to live a more self-sacrificing life and create a world of fraternal people.

Did we make our lives so comfortable and withdrawn from reality that we cannot see the social sins that our silence is supporting?

May God give you the wisdom and disposition to help build a world where all have a place with dignity.

Together we can make a difference bringing peace, joy, caring and love to a world that is losing sight of our guiding star – the goodness of the real God.

We must be poor with the poor and recapture a tender and kind relationship with Mother Earth. Then we will know how to act.

We are only here on the land for a few decades. Use every day to bring joy and not greed to our tired land so full of anguish.

We can't *talk* about the poor. We must *be with* the poor and then there is no doubt how to act.

All the trees, great and small, the bushes and vines, all were present on that fateful Saturday when they witnessed, astonished, the cruel death of their sister.

*Dom Erwin Krautler Bishop of Xingu, Brazil*

## **Prayer for Healing**

Blessed are You, Holy Creator, Source of all that is good, beautiful and whole.

Where wholeness is splintered or shattered, goodness damaged or marred, and beauty bruised or broken, we ask for healing and deep peace.

Be healing balm for this world: for all people, creatures, places, events, and for the environment.

We welcome the touch of your Healing Love and Gentle Presence.

Inspired by Dorothy Stang, your servant and martyr, we pray in communion with all the saints in glory, through Christ our Lord. Amen.



Almighty and eternal God,

You called St Julie Billiart to respond joyfully to the love of your crucified Son by dedicating herself to the education of the poor.

Grant that her prayer and example may inspire us to respond with love to His Cross, in serving the needs of others with true goodness of heart.

God has never failed those who trust in his goodness.

I go quietly day by day.  
I wait for the Good God.  
I look at him.  
I follow him.  
Amen







Saint Julie,  
Just as the sunflower keeps its face  
turned towards the sun,  
you always kept your heart and mind  
turned towards God.

You showed your deep love for God  
in prayer and action.

Even in the greatest sufferings and trials you used to repeat  
"How good God is!" And you meant it.

Ask God to give me strong faith, Saint Julie.

Help me to see his goodness in my life.

I want to be like you.

I want to spread the news of God's goodness and love for us  
wherever and however I can.

Amen

## Prayer to St Julie

St Julie, our smiling saint  
We lead our lives by your example.  
Help us stand tall as sunflowers  
Turning towards God's peace, hope  
and forgiveness.  
Show us how to have  
hearts as wide as the world  
And serve the good God.

**Amen**



