Miss Curtis (Head of House) would like to share this letter received earlier in the week with you all.

A letter from CAFOD to the students and staff of Jerusalem House.

(CAFOD is one of the chosen charities for the Sponsored Walk).

"Dear SCU & Jerusalem House,

Thank you so much for choosing to raise money for CAFOD this year.

As you know, CAFOD is how the Catholic Church – including Notre Dame High School, helps people around the world who are living with poverty and hunger. By supporting CAFOD you are helping local people in countries like Kenya, Sierra Leone, El Salvador and Myanmar. We work with local people so our donations and their hard work will create a project that will help their community.

The School Council liked the sound of building a health clinic, like the very first one that CAFOD helped people build for mothers and babies in the Caribbean island of Dominica. It costs £4000 to build a health clinic through CAFOD's World's Gift scheme – so this is an ambitious target, especially when the money raised from the sponsored walk is shared with other charities.

However, the fundraising for CAFOD comes with advantages, and because we are part of the Catholic Church and we are part of Notre Dame High School, we'll be here when the walking is over, through Advent and Lent, in the months and years that will come, helping the community to get what they need. CAFOD works through a network of partners around the world, sticking with them for long-term benefits because to truly help someone out of poverty can take time.

Happy fundraising and enjoy your walk.

Stephen Matthews Diocesan Manager for CAFOD in East Anglia."

Stephen kindly included a guide to fundraising which contained a few hints and tips and he also pointed out that students would be welcome to pop into CAFOD office located in St Johns to collect a pyramid box to continue fundraising for CAFOD over the Advent and Lent season.