

Y8 BIOLOGY	8A Nutrients Learning Checklist	I can do this already	Covered in Class	Strength or weakness?	Revised it?
8A1 Nutrients	Developing: Recall the nutrients we need in our diets.				
	Securing: Recall tests used to carryout and detect some nutrients.				
	Exceeding: Interpret results from food tests.				
8A2 Uses of Nutrients	Developing: Recall good sources of nutrients.				
	Securing: Describe what each nutrient does in the body.				
	Exceeding: Explain how factors change the amount of energy we need.				
8A3 Food and Advertising	Developing: Define verb and adjective.				
	Securing: Identify bias and evidence within articles.				
	Securing: Recall what is meant by bias.				
	Exceeding: Explain how using compartive adjectives is useful in advertising.				
8A4 Balanced Diets	Developing: Recall what is meant by the term 'balanced diet'.				
	Securing: Describe the effects of a balanced diet on the body.				
	Exceeding: Explain how different types of malnutrition are caused and their effects.				
8A5 Digestion	Developing: Recall parts of the digestive system.				
	Securing: Describe the function of parts of the digestive system.				
	Exceeding: Explain how enzymes and bacteria aid digestion				
8A6 Surface Area	Developing: Calculate the surface area of rectangles and cuboids.				
	Securing: Describe how physical digestion increases the surface area of food.				
	Exceeding: Explain how increasing surface area of food speeds up digestion.				
8A7 Absorption	Developing: Describe the structure of the small intestine.				
	Securing: Explain how the small intestine is adapted to its function.				
	Exceeding: Explain how diffusion enables absorption by the small intestine.				

For more help:

Read your 8A Summary Sheets for information on key points from the lesson.

Email your class teacher: (firstinitial)(lastname)@ndhs.org.uk *E.G. sfrise@ndhs.org.uk*

Look up your topic up on BBC bitesize by typing 'BBC Bitesize +keyword' into google.

Visit NDHS Science google website for useful resources

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