



PULL

EDITOR'S NOTE

Hello and welcome to Pulp 2020! This year's edition is brought to you by a small group of Year 12 English students who are keen to showcase their writing abilities. Our aim was to focus on aspects that would interest our sixth form audience, while trying to stay as local as possible. It's been great to cooperate as a team to collect different ideas and bring Pulp to life with the guidance of previous writers. We were really excited to see our work in print and be able to distribute it around the school and, although that's no longer possible, we're pleased that we can still show you our work. Despite several obstacles, we bring you our magazine; digitally received and made with love! We hope you enjoy.

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Ruby Duke, Year 12

International Women's Day

International Women's Day (IWD) is a day which focuses on the movement for women's rights, whilst recognising the social, economic, cultural and political achievements of women and is celebrated on 8th March globally.

IWD first began on 19th March 1911 and was honoured by Austria, Denmark, Germany and Switzerland with rallies held in which more than one million men and women united to campaign for women's rights to work, vote and study. In 1975, the United Nations celebrated IWD and named the following decade the United Nations Decade for Women. The international focus on women's rights in this year led to a number of women-centred institutions being established which included the International Research and Training Institute for the Advancement of Women and the United Nations Development Fund for Women; both of which continue to promote women's human rights worldwide today.

This year, the IWD theme is #EachforEqual which identifies the actions we can take as individuals in order to challenge stereotypes, fight prejudice and celebrate the achievements of women. The theme is drawn from a notion of 'Collective Individualism' which highlights how our individual actions, behaviours and mindsets can have an impact on the larger society and how collectively, we can make change happen. Working together, steps can be taken along this path of creating a gender equal world.

Upon talking about IWD, Gloria Steinmen, a journalist, activist and world-renowned feminist explained – "The story of women's struggle for equality belongs to no single feminist nor to any one organisation but to the collective efforts of all who care about human rights."



The #EachForEqual pose, intended to motivate others

By Emily Remblance

Friendship: A Dilemma.

When the topic of 'friendship' comes up in conversation, the high-pitched, mocking tone of the boys from the Inbetweeners may spring to mind. In the twenty-first century, adolescents are social beings; we hang out with friends, go to parties and connect through social media. Yet the nature of these friendships aren't often what we'd consider as orthodox; we get nicknames, we post embarrassing photos of one another and most interactions seem to be sustained by constantly tormenting each other for our looks or characteristics. So why is it that the notion of friendship has become something so distorted by young people to the point where it barely resembles a loving, trusting relationship?

The kids of 2020 have to be tough as it's a cruel world out there. With climate change, the aftermath of Brexit, coronavirus and other national shambles, the younger generation almost *have* to have a keen interest in the future of our world. This is important now more than ever before as we've come to realise that we have a voice to express our opinions as, at the end of the day, whatever decisions are made affect our generation the most. We feel the need to speak up and be taken seriously, and this can only occur when we summon the courage to be brutally honest about what we think, and this starts to reflect on our daily lives.

Avoiding the obvious and holding back can never be an option for empowered young people as it is utterly a waste of time. Why be passive in a conversation when you could tell everyone exactly what you think of them and their views? In a lot of ways, honesty in friendships seems like a great idea and studies show that mean friends tend to be the better ones. They have the courage to tell you the truth, regardless of consequences, risking causing offence and harming the relationship. It is these friends that push you to go out of your comfort zone and challenge you for your own benefit, allowing you to grow as a person. Honesty leads to issues being resolved and steps being taken to move on from a situation, accepting it as it is and kissing it goodbye. But is there a line that can be crossed here?

Friendships are supposed to represent safe and supportive relationships among peers who share common interests and can find a sense of belonging. Is a little white lie here or there not beneficial in the long run if it saves a person's feelings? Of course, relationships can go beyond the occasional push to putting continuous pressure on a person, something that is deeply unhealthy and a sign that this person no longer serves you as a friend. But, at the end of the day, the friends that may be that little bit harsh could be doing you a favour; nobody gets anywhere without a little bit of help from their friends.

Anonymous

Norwich Climate Action

With the effects of the climate crisis already being felt globally, young people have been standing up and making their voices heard. Recently, this has taken the form of the 'Fridays For Future' school strikes. Created by Greta Thunberg, the 17-year-old Swedish environmental activist, it has inspired millions of students and school kids to take to the streets to raise awareness of the looming crisis and demand immediate action from the government and big businesses.

You've probably seen the figures in the news – ice sheets shrinking by billions of tons a year, temperatures rising by nearly 1° in just over 100 years, and global sea levels rising by 8 inches in the last century. The IPCC, a climate change panel, have concluded that "Scientific evidence for warming of the climate is unequivocal". These facts and figures are real and terrifying but can leave you feeling helpless and overwhelmed. It's hard to know what we can do in our day-to-day lives to help combat such a global problem.

The people of Norwich have taken this into their own hands! Student Climate Action Network Norwich (SCANN), a group of young volunteers, have organized the school strikes in Norwich. Over the past few months hundreds of students, including students from Notre Dame, have marched through the streets calling for climate justice. With chants from "system change not climate change" to "this is what democracy looks like!", people are clearly incredibly passionate about our planet. Despite the grave underlying reasons for the strike, the mood is hopeful and optimistic. If striking's not your thing, Extinction Rebellion Norwich joined World Car Free Day last September, regularly have critical mass bike rides and a water bottle refill station has been installed at The Forum to reduce plastic waste. These small actions all add up and make a real difference.

*Rosa
Jones*

A Guide To Local Gig Locations

There are multiple key factors that contribute to the success of a gig/concert. The most obvious being the band or artist, but something else to take into consideration is the venue. With Norwich being a small city, it's surprising to see the amount of locations.

Small Venues:

Smaller venues create a more intimate atmosphere and are perfect for moshing. Bands are especially good in these locations as they have a tendency to get involved with the crowd. The prices also tend to be lower ranging between less than £10 and no more than £30. Small Venue locations are as follows:

- **The Waterfront.** The Waterfront is a great venue holding a maximum of 700 people. It tends to host lots of unknown or up and coming artists/bands and has regular gigs there due to its small capacity. The stage itself is small and narrow meaning that the audience is very close to the artist but subsequently, it means there isn't the option for visual effects that are used in bigger shows. If you don't like mosh pits then I wouldn't recommend as the venue tends to transform into one massive mosh which you aren't able to avoid.
- **The Norwich Arts Centre.** The Norwich Arts Centre has a capacity of 260 people. The sound is great and there is a very small stage so you are very close to the band but there are some issues. Like The Waterfront, the entire venue becomes a mosh pit that's inescapable but there isn't a lot of room so it becomes quite violent. There are also massive stone pillars that are spread throughout which prove problematic as people can be thrown into them. There also isn't any air conditioning and the windows are stained glass so they don't open which means it gets very hot very quickly. The lack of space also means that people end up crushed against the barrier and this, with the addition of the lack of air circulation, has resulted in multiple people passing out.

Medium Venues:

Medium sized venues are probably the size that I'd recommend. They're not too small to the point where there's no room, but there's still good crowd interaction and a good view of the artist. The prices vary depending on who you see but they normally average between £20-£35.

- **The LCR.** It's located at the UEA and holds 1550 people. A range of artists tend to play here ranging from incredibly popular artists to smaller lesser known ones. The LCR tends to be the default location in East Anglia that artists go to when on tour, resulting in regular concerts being held there. Going from Neck Deep to Dodie to Bjorn Again, there's a real variation. The actual venue has air conditioning, a bar, a cloakroom and merch stand. The best thing about it is that the floor for the mosh dips down. This means

there's a designated area for the mosh so it allows people who don't want to be a part of it to still enjoy the show. There are steps surrounding this area which enables people to look over the pit so they can still see the performance. At some shows they also place a seating area so it's not purely standing. The stage itself is a good size and unlike the smaller venues, it gives the option for some visual effects including interesting lighting and backdrops.

- **The Open.** The Open holds 1450 people. Although it holds less people than the LCR, the high ceilings make it feel less intimate. It has good acoustics and the stage is really big meaning that there are a lot of options for visual effects and for more show/production-esque performances. It has a bar, merch area, cloakroom and air conditioning. A downside is that the floor isn't sloped or varied in any way so if you're further back it might be a bit of a struggle to get a good view. As a venue, it's used for many things and isn't used for gigs too often.

Large Venues:

Large Venues tend to hold concerts or festivals rather than small gigs. They are more of a production or show and because of the size they tend to cost a lot more. When I went, the cheapest tickets at Carrow Road were £60.

- **Carrow Road.** Carrow Road has a capacity of 27,244. Because of its size, artists don't play there very frequently because it costs a lot to hire. The venue is larger than the O2 and located in a much smaller city, potentially making it harder to sell-out or make a good profit from the venue. It is mainly seated and it can be hard to see the artist but there are large screens displaying the performance, but it should be noted that seats at the very top of the stands can't see the screens. Depending on how they do the staging - it varies as some artists have their own specially made stages - there is a large amount of space for standing. However, the floor isn't sloped so if you were towards the back of the standing area, it could be difficult to see.

By Anna Frankland

The Norwich Skateboard Community

Perhaps the most fluid and constantly evolving sport, art form or pastime, skateboarding in Norwich is rich and ever growing. And regardless of where you are, skateboarding offers enjoyment at its heart, whether being taken seriously and competitively, or just as a means for travelling from A to B. It can be widely agreed that the Drug Store (the 'place-to-go' for a skateboard in Norwich) is the quintessential element of skateboarding in Norwich. Founded by skater Sam Avery in 2007, Drug Store has become the main 'hub' for skaters in Norwich and even seems like a safe haven to them from the outside world of non-skaters. Despite there also being other similar skating shops in East Anglia such as the Smash Skates shop, for Norwich, Drug Store seems to have developed a sentimentality in the hearts of Norwich skaters and also acts as a clothes shop, selling top brands such as Thrasher and Hockey and free magazine issues such as Grey and Sidewalk. The skater-owned shop also sells clothes of Drug Store's own branding! All of the people there, from drop-in skaters to Thelonious Omori (employed skater on the scene) to Sam himself are super friendly and are always keen to support anyone thinking of starting skateboarding and deciding on the right board to buy. However, even a simple drop-in is nice and really appreciated. So, next time you're trotting down Pottergate, drop in and say hello!



In terms of actually skating, Norwich of course holds the famous Eaton park containing a skatepark, as well as Charge Unit, (an indoor park) just off Vulcan Rd. Furthermore, Norwich also has the infamous Trowse DIY spot (with limited access to). Skateboarding in Norwich is also full of events that happen throughout the year such as Halloween jams and competitions at Charge Unit.

By Felix Da Silva Winner

Norwich Market

In Norwich's centre lies an array of coloured roofs, bright and teeming with people. This is the market, which is home to 189 stalls offering all sorts of services, from selling wools of all varieties to presenting every kind of flower you can imagine to just a simple barber's shop almost directly in the centre. The opportunities for businesses are endless.

As an avid shopper and a local to the Norwich area, it astounded me how much the market has to offer, only having stepped into the maze of stalls when I'd started at Notre Dame in September. I instantly fell in love with its busy atmosphere, the lingering scents of all the different foods and the way it's like a world of its own within the city.

When it comes to checking out stalls, Taxi is an obvious choice, with its huge range of clothes and reasonable prices, this stall is also a great choice if you're opting for sustainability, as buying new clothes is arguably the worst thing you can do for our environment at this current time. WoodPunks on Row F is another eco-friendly choice, with homemade clothes and recycled jewellery being their main stock and the lady who works there is really friendly too, which makes the atmosphere of the place even better.



Food stalls monopolise the market too, with amazing smells wafting from the Indian and Jamaican food stalls, as well as the Sicily Market, home to excellent Italian food; upon asking the shopkeeper whether he was enjoying his lasagne, he proclaimed that of course he was, as he had made it himself. If you fancy a sweeter snack, 'and eat it' has an excellent range of freshly baked goods, among which is the infamous Slutty Brownie (brownie, Oreo and cookie) which is well worth the price. Eccentricity is key to advertising your business, as stall 157 demonstrates, attracting many customers due to the sheer mass of CDs and DVDs that line every wall, floor to ceiling, even spilling out into the walkway. Or perhaps the more simplistic interior of Botanical draws you in, with the cosy lighting and gorgeous array of greenery feeding the insatiable hunger of college plant addicts.

All in all, the market has pretty much anything you need, sourced locally by small businesses to be enjoyed by all. Since going to school in Norwich, I've loved just wandering the rows and I discover a new place every time I go; what's not to love?

By Tabitha Smith