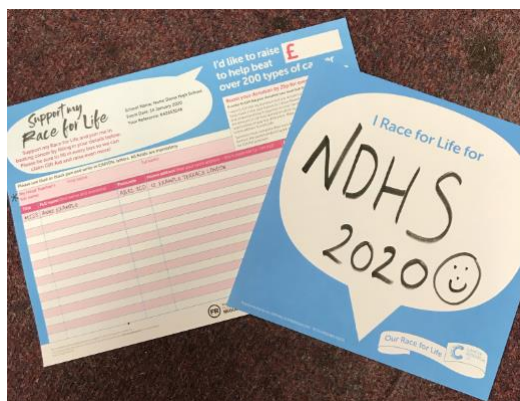


# The Back Page

DATE November and December 2019



During January Yr 7, 8 and 9 will all take part in the School's Race for Life as part of their cross country lessons. We hope to raise £1000 for the charity is close to many staff and pupils heart. Each pupil will be sent home with a sponsorship form and name sign to write a message of support and of course all participants will get a medal for taking part. With over 600 pupils taking part, if everyone can raise just £2.00 will be reach our target, obviously more would be much appreciated!



## Athletics Star

Notre Dame nominated Serena Grace to compete for Great Britain in the FISEC Games, earlier on in the Summer. She said of her experience 'Not only was I very pleased with my results but it was one of the best experiences of my life if not the best, making friends for life from different countries, that I never thought I would make in my time there and if it wasn't for the PE department nominating me, I would've never been able to experience such an amazing week' Serena has already been selected to represent GB again next year in Germany.

Well Done Serena, fantastic news!

## Year 7A Football Report – Reggie Furz-Sturman

On Monday 2nd December, year7 boys A team Football match played away at Langley School. The game started shaky with Langley taking an early lead, shortly after Notre Dame equalised that made it 1-1. 15 minutes later there was a free kick just outside of the box, Notre Dame took their chance and it went top right "what a goal!" 1-2 game on. Notre Dame taking the lead at half time. After half time confidence growing Notre Dame playing brilliant it was a game full of attack as Notre Dame were soon winning 1-5. Langley applied a lot of pressure and they got it to 2-5. Notre Dame pushes forward and grabbed 2 more goals. Final score finished 2-7 to Notre Dame High School.

It's easy to have faith in yourself and have discipline when you're a winner, when you're number one. What you have got to have is faith and discipline when you're not a winner. *Vince Lombardi*

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## Yr 9 Football – County Cup - Kieran North

So, Notre Dame played King Edward VII in the county cup and if we won this game then that would mean that we would be in the last 16. We played on Tuesday 3rd December. Notre Dame haven't lost a game this season but neither have KES so it should be a good game. We kicked off, and KES showed us how good they were by dominating the first 10 minutes and they managed to score by playing it down the wing and squared it to their striker who put it away. They also had another good chance but they hit the post. Moving on, Notre Dame had a corner where Conner put a decent ball in, Edward Nawaka won the header it then came off Kieran's face and fell for Chad who buried it top corner. The score now 1-1. End of half. Onto the second half and NDHS dominating possession as we play it out to Delphin, all the KES players screaming that the ball had gone, he then proceeds to sprint down the wing, square it to Chad who takes a touch and slots it to make it 2-1. We were still showing them we were the better side by dominating possession so we play it out to Delphin who simply skips past 4 players, one on one with the keeper, he fake shots past him and taps it in to put us 3-1 up. In the last 5 mins KES started to pick up the pace and they on a counter so Phil puts in a crunching tackle but it falls for their striker who puts it bottom corner to make it 3-2. Notre Dame were still confident that they could hold on to their lead but with 10 seconds left, they hoof the ball over the top and their striker scores making it 3-3. Onto extra time. 5 minutes each way. Nothing happened in the first half but in the second half, Conner plays it out to Edward, he then paced it down the line and takes an audacious long shot and fortunately the keeper slices it and Chad picks it up in the box and tucks it away making it 4-3. Notre Dame then went on to keep their heads and see the game out.

## Yr11-13 Arrow Trophy

Congratulations to 11HGR for being victorious and winning on a tense penalty shoot out.



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## Notre Dame vs Broadland – Delphin Mwilambwe

It was Notre Dame's final game before the Christmas break and they were eager to end the year on a win. The game was underway and neither team had created any chances but ND were in control of possession. It was a poor start from Notre Dame and were playing much below their high standards. But finally around 20 minutes in Notre Dame finally broke the deadlock. With Delphin picking the ball up in midfield and running at their defence. Delphin skips past the defender and fires the ball into the back of the net. This was now Delphin's 10th goal this season for the yr 9 boys already equaling his yr 8 tally. Now Notre Dame finally picked up the tempo as a few minutes later Edward.N takes an ambitious shot from outside the box which takes a deflection which sends the keeper the wrong way. Now doubling Notre Dame's lead just before half time.

The second half was underway with Fraser replacing Delphin and Elijah replacing Sam in goal. Notre Dame had (again) started poorly with lot's of misplaced passes and clearances. It was Broadland who were on top and more likely to score. Which sadly was set to happen with a "corner taken quickly" which caught the defenders and the goalkeeper and found its way into the back of the net. As Broadland clawed back a goal, putting Notre Dame under pressure. Despite their goal, Notre Dame were the ones on top and were dominating possession and looked favourites to score. As the game headed into the last 15 minutes Notre Dame made some subs which saw debutant Gino make his first appearance for the yr 9 boys. Notre Dame applied that pressure which saw shots from Connor, Charles and Delphin but were well dealt with. But finally, Broadland cracked under pressure which saw Delphin 1 on 1 with the keeper as he calmly slotted it past the keeper. This sealed the victory for Notre Dame as they progressed to the next round of the county cup. Although, a poor showing from Notre Dame they got the job done as all good teams do.

Full time: ND 3-1 Broadland.

## **Yr8 Basketball Ball – Philipe Morada**

Final score: NDHS 66 - 15 CNS

In the Y8 CNS vs NDHS basketball match's first quarter, NDHS started strong with a great headstart to the game. The difference in score between the two teams was big. All points scored by NDHS were all lay-ups. No set shots were made. The person with the most points in the first quarter was JP Morada. In the second quarter, NDHS made some substitutions. JP stayed in play. CNS managed to make some points to close that gap. However NDHS still managed to extend it. As before no set shots were made – just lay-ups. In the third quarter of the game, Renit Roy made a lot of points with lay-ups and made a lot of assists to Matt Arano. Theo Medler made a few lay-ups as well, increasing the gap. No set-shots were made. In the final fourth quarter of this game, Kieran Poundall made a lot of lay-ups and score a lot of points. Ralph made an unbalanced set shot from the right side from the court.

MVP: Kieran Poundall

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# The Back Page

U14 Mixed Hockey Team Winners

11-0 Taverham!



Yr7 Netball Winners 24-0!!



U15 Basketball Winners



Yr10 Basketball Winners



U14 Basketball Winners



Yr 9 Netball Winners 27-0!!



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