

The Back Page

DATE June 2018

Fantastic Year for Hockey



Hockey has continued to flourish at Notre Dame with over 25 regular players attending weekly training sessions. We have been playing both 7-a side and 11 a side matches with the Hewett. We have our final tournament of the season coming up on Wednesday 18th July. A fantastic year of hockey, well done to everyone and bring on next season!

Cricket League Tables....current standings

Year 7 (Softball)

| League Table | | | | | |
|--------------|---|---|---|---|-----|
| Team | P | W | L | T | PTS |
| Notre Dame | 2 | 2 | 0 | 0 | 20 |
| Hellesdon | 1 | 1 | 0 | 0 | 10 |
| Broadland | 2 | 1 | 1 | 0 | 10 |
| Sprowston | 3 | 0 | 3 | 0 | 0 |

Year 8 (Softball)

| League Table | | | | | |
|-----------------|---|---|---|---|-----|
| Team | P | W | L | T | PTS |
| Notre Dame | 2 | 2 | 0 | 0 | 20 |
| Frammingham | 3 | 2 | 1 | 0 | 20 |
| Sprowston | 1 | 0 | 1 | 0 | 0 |
| City of Norwich | 2 | 0 | 2 | 0 | 0 |

Notre Dame currently topping both the Year 7 and Year 8 leagues – well done keep it going.

If you want to feature in the backpage, please send your sporting achievements to Mrs Martin Kmartin@ndhs.org.uk

We love to hear about your sport outside of school.

Results

Tennis

Y9 Boys vs City Academy WON 6-0

Y8 Girls vs Norwich High LOST 4-2

Y8a Boys vs CNS WON 5-1

Y8b Boys vs CNS WON 6-0

Y10 Girls vs Hethersett WON 5-1

Y9 Boys vs Hethersett LOST 5-1

Y10 Boys vs Norwich School WON 4-2

Cricket

Y7 vs Broadland W 145-134

Y7 vs Sprowston W 285-211

Y8 vs CNS W 318-4 274-8

Y8 vs Fram W 313-247

Next up....

SPORTS DAY

Tuesday 14th July 2018 at
Town Close School.

Spectators very welcome
to come and support.

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It's easy to have faith in yourself and have discipline when you're a winner, when you're number one. What you have got to have is faith and discipline when you're not a winner. *Vince Lombardi*

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Girls Football – 5-a-side Runners Up



The Yr9 team finished their impressive season with Runners Up medals at the 5-a-side tournament at the FDC. Well Done Girls

Year 10 Tennis Team



The year 10 boy's team of Siggy Sorboen, Harry Purvis, Rocco Rizo-Waters and Charlie Green finished second in their group. Well done boys!

Serena continues to excel..

Serena competed in the Norfolk County Championships and ended up with 3 Golds & a silver in Discus. Well Done.



Exercise is more precious than ever (Anna Kessel - The Guardian)

We now know so much more about the value of physical activity – for physical and mental wellbeing, to promote positive body image in women and girls, to help people with depression, to engender a healthy lifestyle from an early age, to sharpen concentration and academic performance, and even to tackle the gender pay gap.

Interesting article on the benefits of Physical Education,

For Full article....

<https://www.theguardian.com/commentisfree/2018/feb/22/exercise-schools-pe-lessons-exams>

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