



What's so special about the month of May?

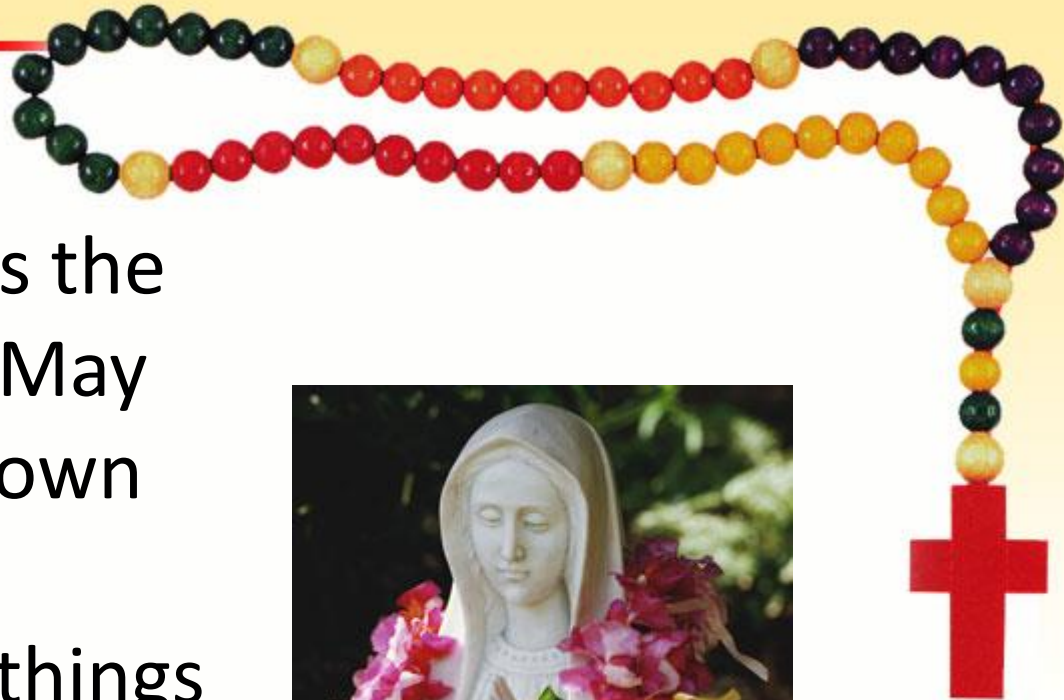




**May is  
Mary's  
Month**

Traditionally May is the month we have a May procession and crown Mary.

Here are 3 ideas of things you could do at home to Celebrate May the Month of Mary



# Idea 1

Make your own Shrine to Mary in your house You could use:

A Mary Statue

Blue paper or material

Flowers

Mary holy cards

Mary books

Rosaries

Candles

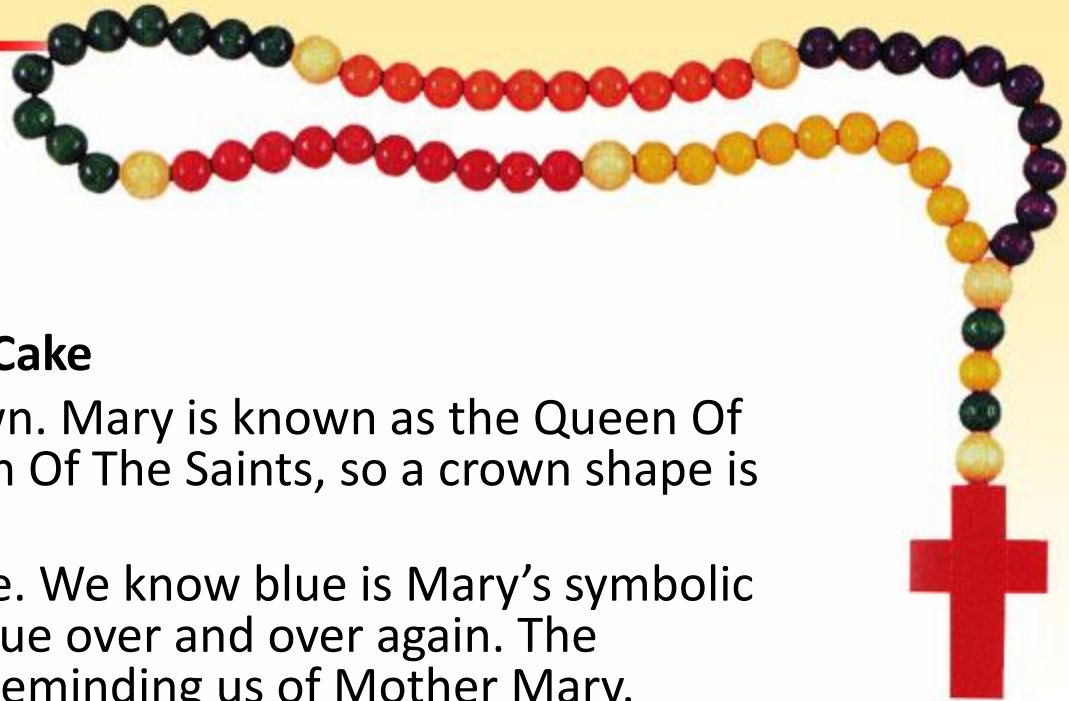
Mary crafts you have made

Drawings or artwork of Our Lady

Crosses



# Idea 2



## Make a Mary Queen of Heaven Cake

- The cake is shaped like a crown. Mary is known as the Queen Of Heaven and also as the Queen Of The Saints, so a crown shape is perfect for her!
- It includes Mary's colour- blue. We know blue is Mary's symbolic colour. We see her wearing blue over and over again. The blueberries do a good job of reminding us of Mother Mary.
- White symbolises Mary's purity. The whiteness of the cake and the sprinkle of the bright white sugar on the top symbolises that purity.



# Recipe

2 ½ sticks of butter

3 cups sugar

5 eggs

3 cups flour

½ teaspoon baking powder

1 cup milk

2 teaspoons lemon extract

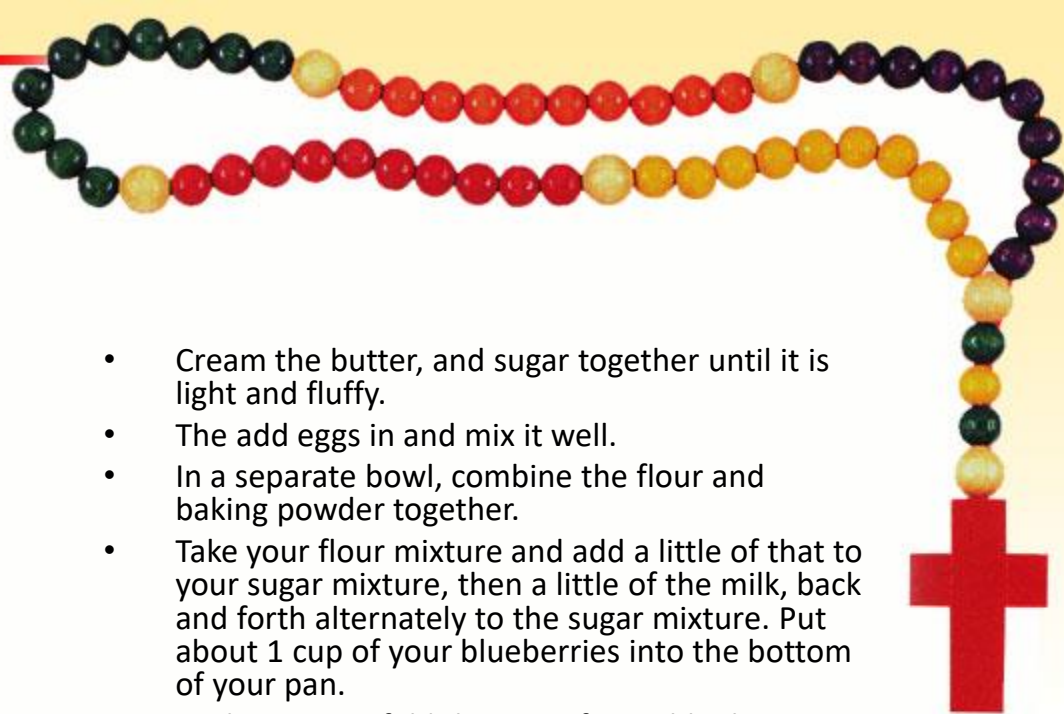
1 teaspoon vanilla extract

2 cups of blueberries (If your blueberries are frozen, first you will want to run them under water until they are thawed. Then pat them dry.)

a few pinches of powdered sugar

Preheat your oven to 180 C

- Cream the butter, and sugar together until it is light and fluffy.
- Then add eggs in and mix it well.
- In a separate bowl, combine the flour and baking powder together.
- Take your flour mixture and add a little of that to your sugar mixture, then a little of the milk, back and forth alternately to the sugar mixture. Put about 1 cup of your blueberries into the bottom of your pan.
- With a spoon, fold the rest of your blueberries into the cake batter.
- Then pour the batter into your pan.
- Bake the cake 1 1/2 hours or until an inserted toothpick comes out clean.
- When the cake is finished, allow the pan to sit on a wire rack until it is completely cooled. Carefully run a butter knife around the edges of the pan to help loosen the cake.
- Put your cake plate on top of your pan and flip it over to place your cake on the plate.
- Dust the outside of the cake with just a little bit of powdered sugar.

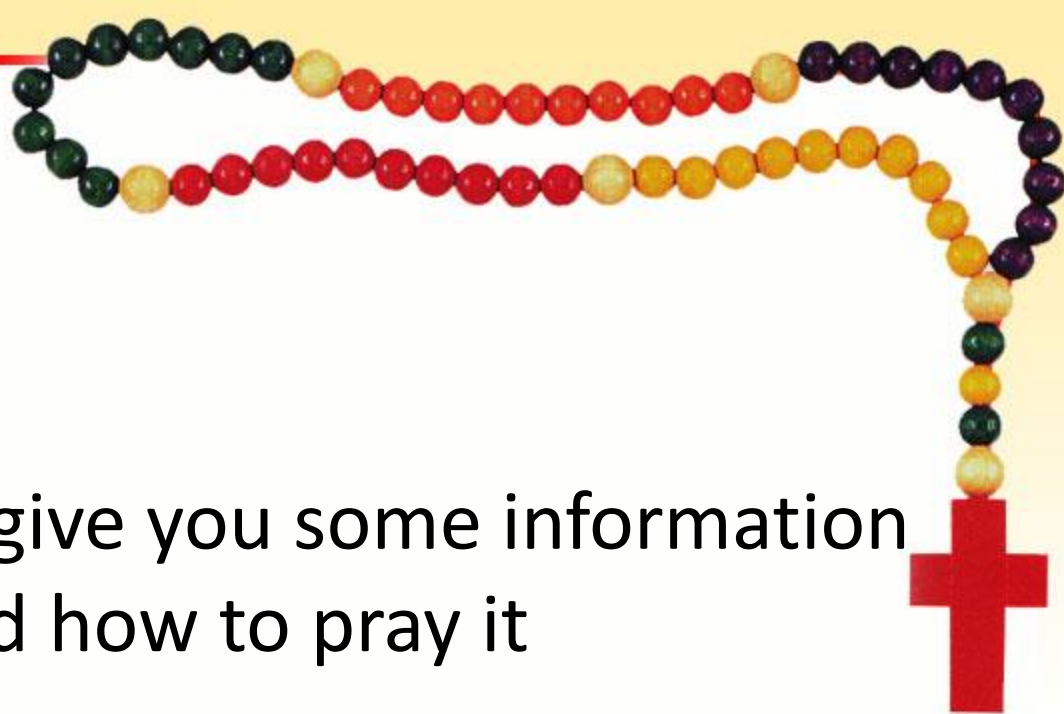


# Idea 3

## Pray the Rosary

The following slides give you some information about the Rosary and how to pray it

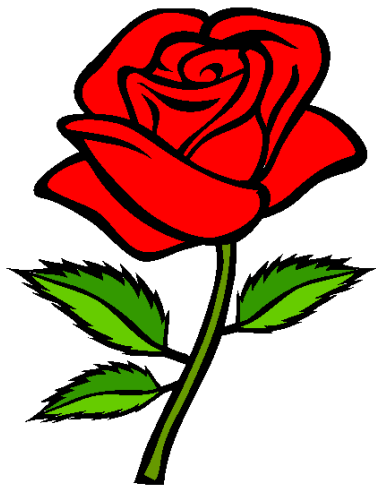
Maybe you could Pray a decade of the Rosary with your family every day though May



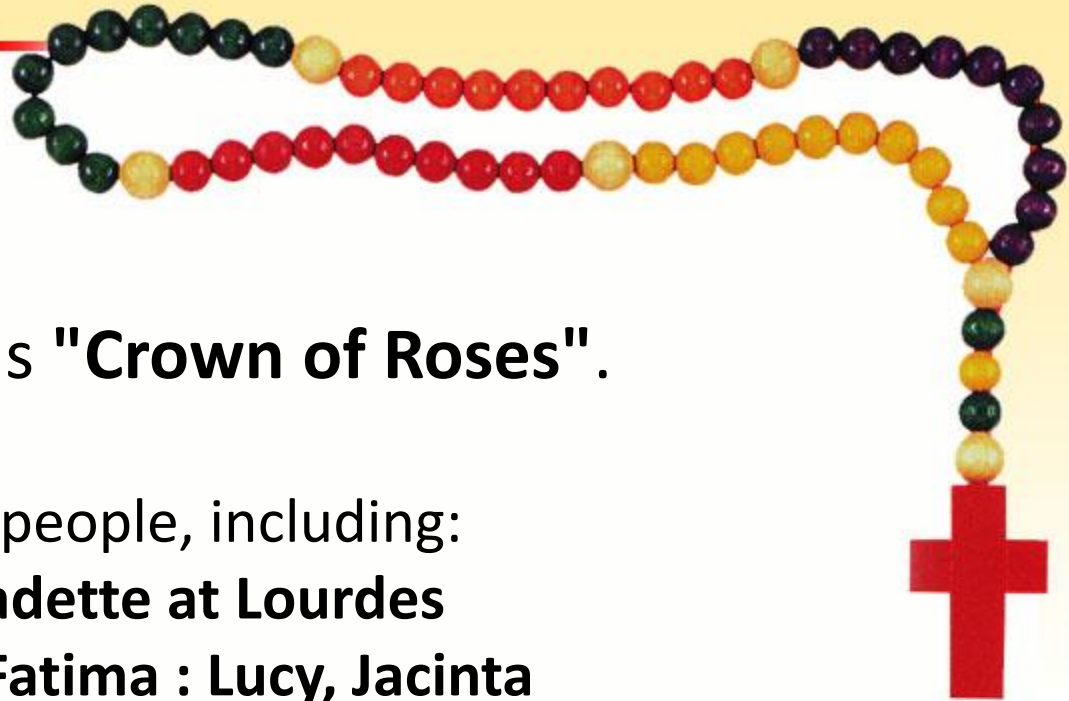
# The ROSARY

The word **Rosary** means "**Crown of Roses**".

Our Lady has visited many people, including:  
**Saint Dominic, Saint Bernadette at Lourdes**  
**and the three children at Fatima : Lucy, Jacinta**  
**and Francisco –**



And said that each time they say a Hail Mary they are giving her a beautiful rose and that each complete Rosary makes her a crown of roses.





# Saint Dominic

Legend says that the rosary owes its origin to Saint Dominic.

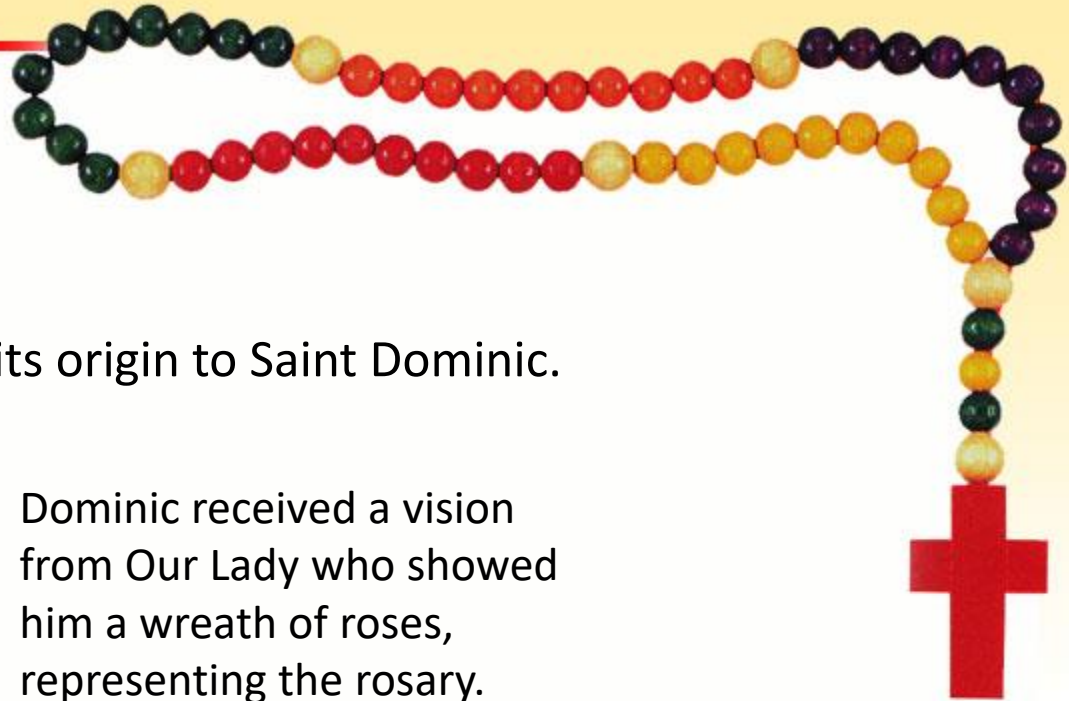


Dominic received a vision from Our Lady who showed him a wreath of roses, representing the rosary.

She told him to say the rosary daily and to teach it to all who would listen.

Dominic was one of the first people to begin to pray the rosary.

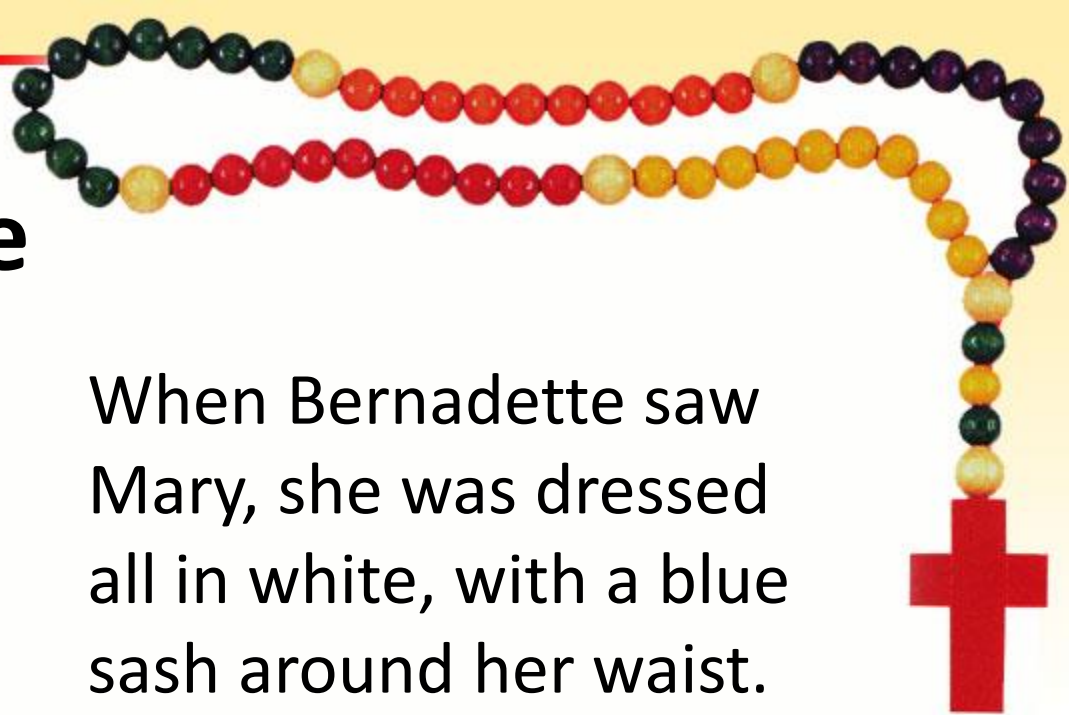
**St Dominic - Feast day: August 8th**

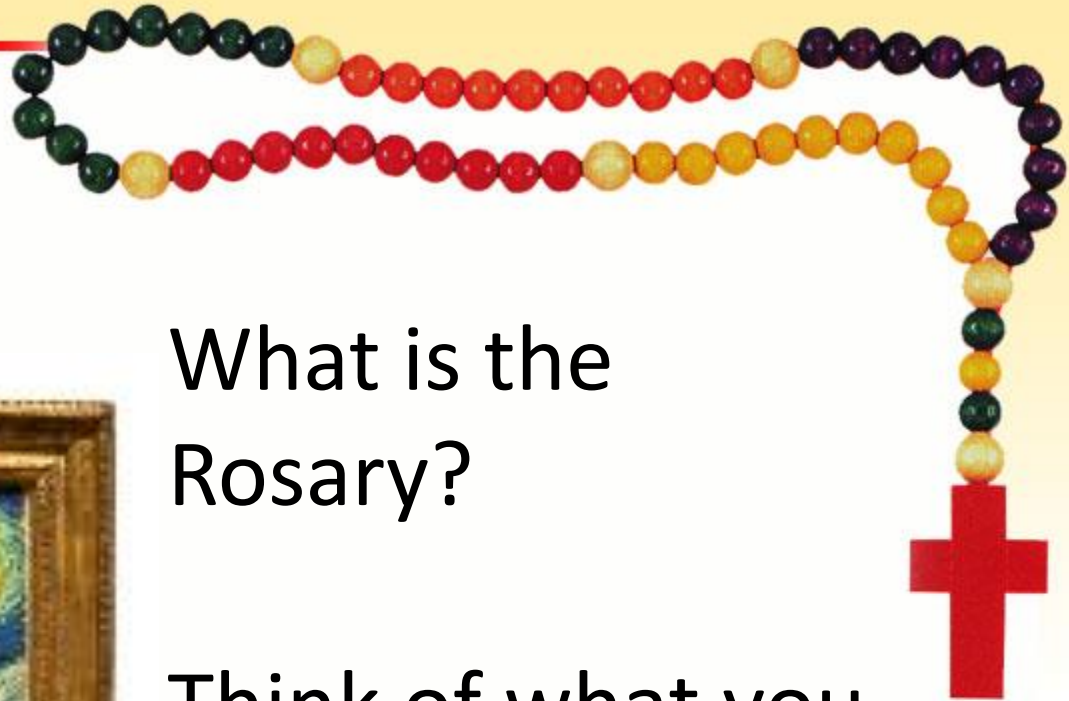


# Saint Bernadette



When Bernadette saw Mary, she was dressed all in white, with a blue sash around her waist. She was wearing a white veil on her head and a yellow rose on each foot. She was holding a rosary in her hands.

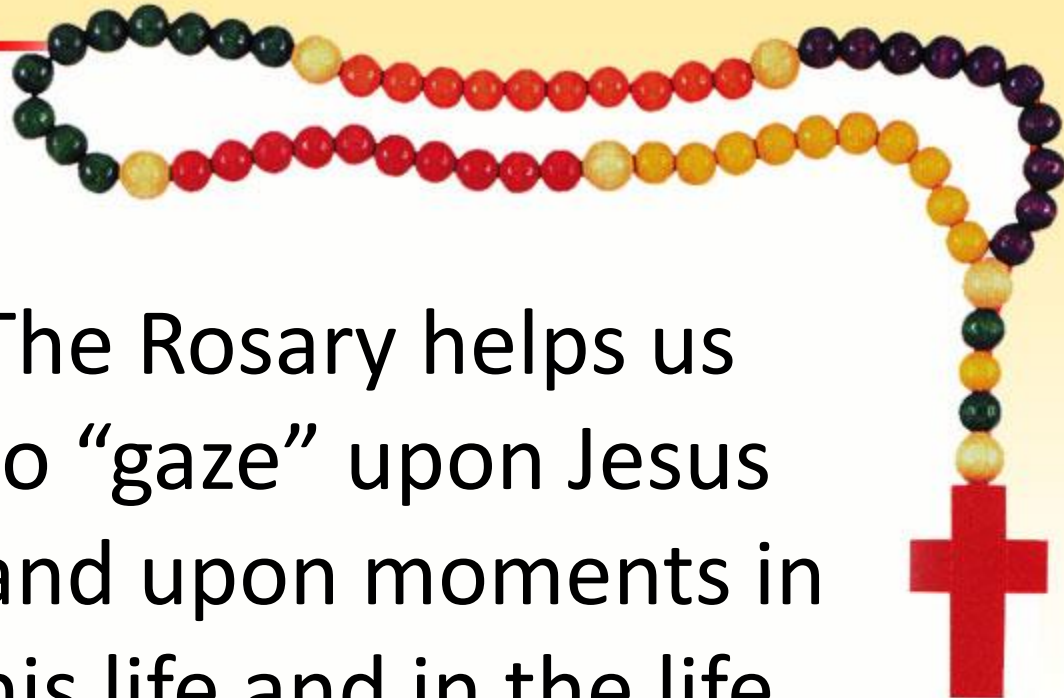
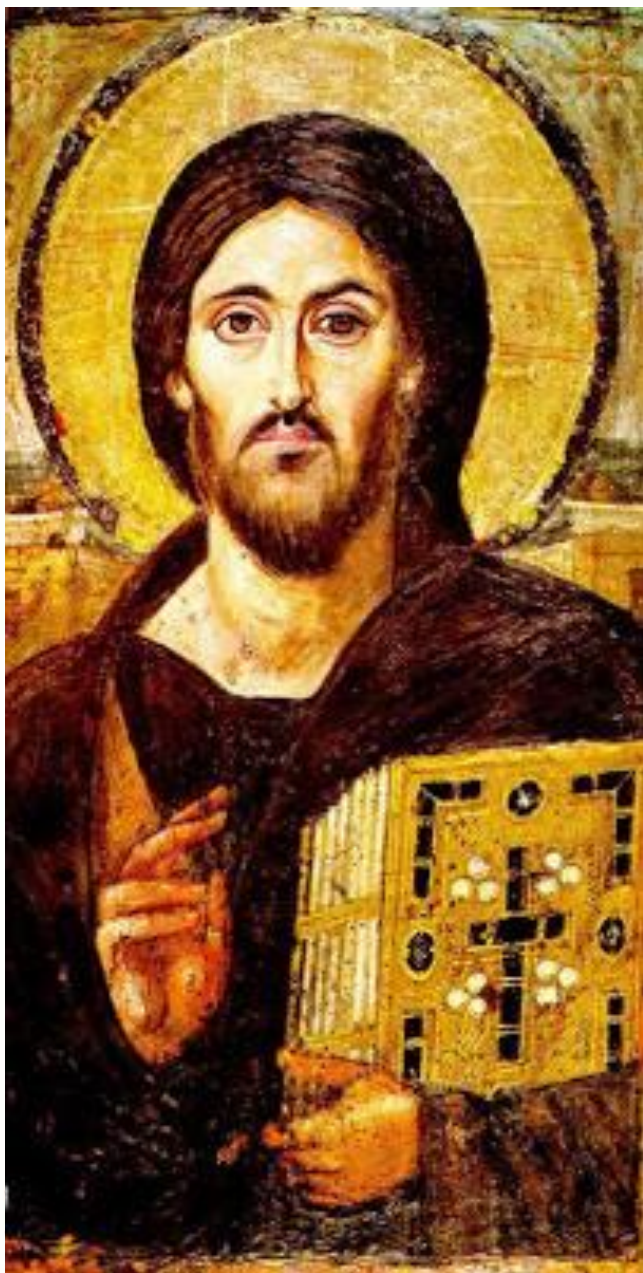




What is the  
Rosary?

Think of what you  
do when you visit  
an art gallery:  
you GAZE at the  
paintings.





The Rosary helps us to “gaze” upon Jesus and upon moments in his life and in the life of his Mother, Mary.

We call that “gazing” *meditation.*

But sometimes it's not easy to focus or concentrate...too many worries, concerns, and distractions get in the way!

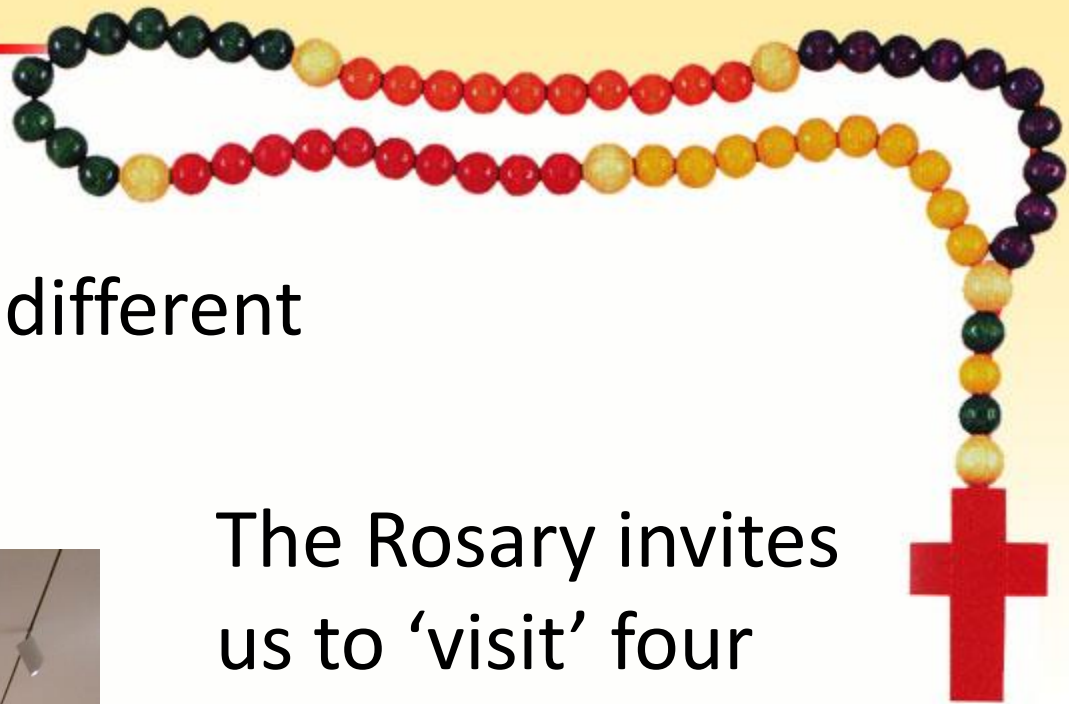


**Rosaries help us to concentrate.**

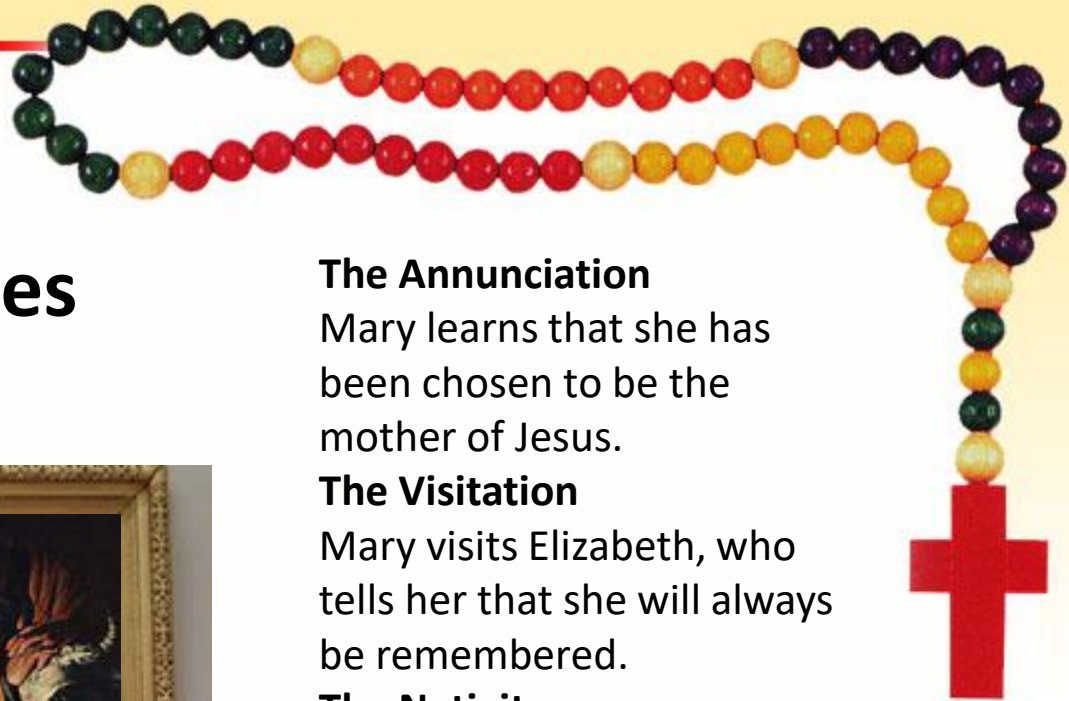
An art gallery has different rooms to visit.



The Rosary invites us to 'visit' four such 'rooms' where we gaze upon certain scenes from the life of Jesus and Mary.



# The Joyful Mysteries



## **The Annunciation**

Mary learns that she has been chosen to be the mother of Jesus.

## **The Visitation**

Mary visits Elizabeth, who tells her that she will always be remembered.

## **The Nativity**

Jesus is born in a stable in Bethlehem.

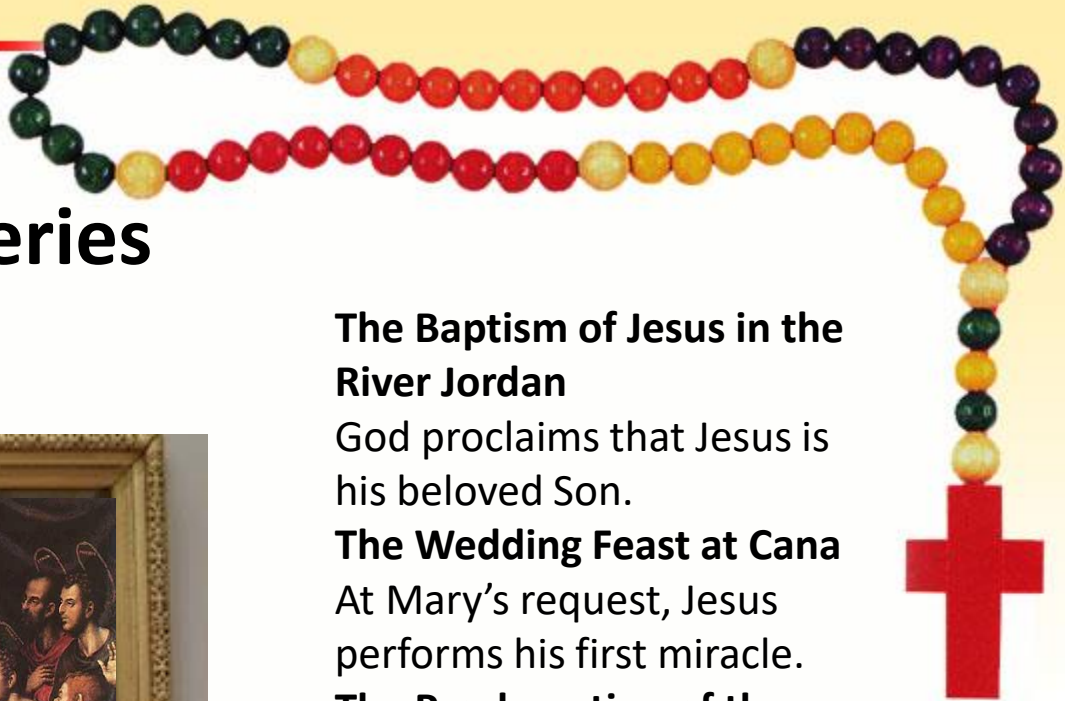
## **The Presentation**

Mary and Joseph take the infant Jesus to the Temple to present him to God.

## **The Finding of Jesus in the Temple**

Jesus is found in the Temple discussing his faith with the teachers.

# The Luminous Mysteries (Mysteries of Light)



## **The Baptism of Jesus in the River Jordan**

God proclaims that Jesus is his beloved Son.

## **The Wedding Feast at Cana**

At Mary's request, Jesus performs his first miracle.

## **The Proclamation of the Kingdom of God**

Jesus calls all to conversion and service to the Kingdom.

## **The Transfiguration of Jesus**

Jesus is revealed in glory to Peter, James, and John.

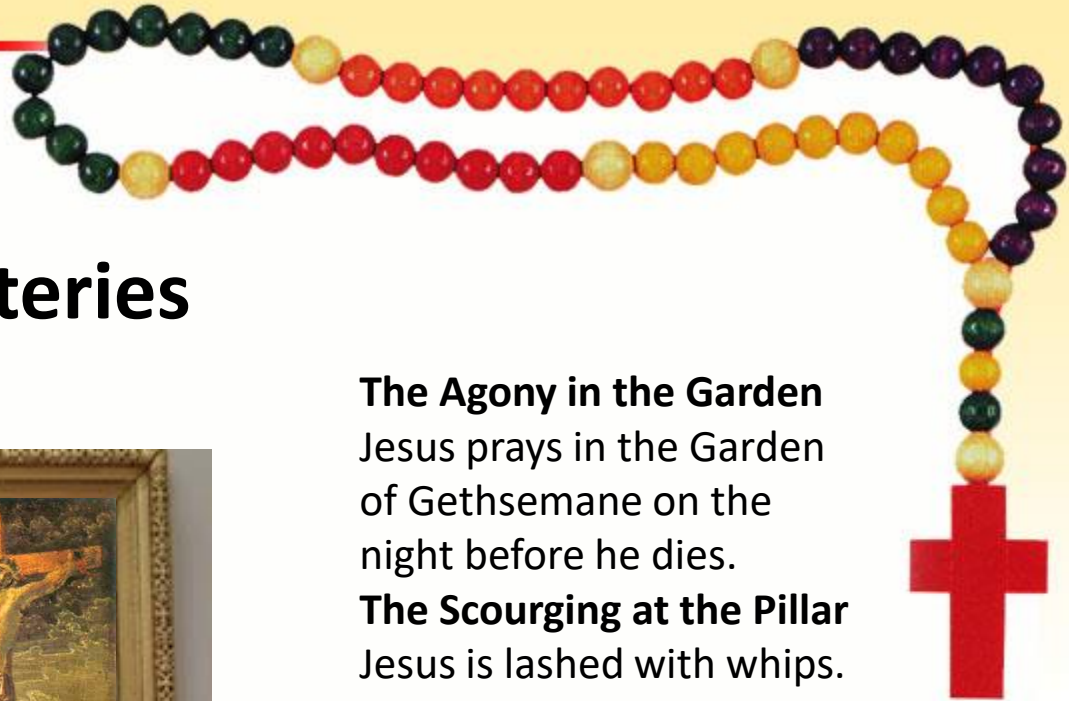
## **The Institution of the Eucharist**

Jesus offers his Body and Blood at the Last Supper.





# The Sorrowful Mysteries



## **The Agony in the Garden**

Jesus prays in the Garden of Gethsemane on the night before he dies.

## **The Scouring at the Pillar**

Jesus is lashed with whips.

## **The Crowning With Thorns**

Jesus is mocked and crowned with thorns.

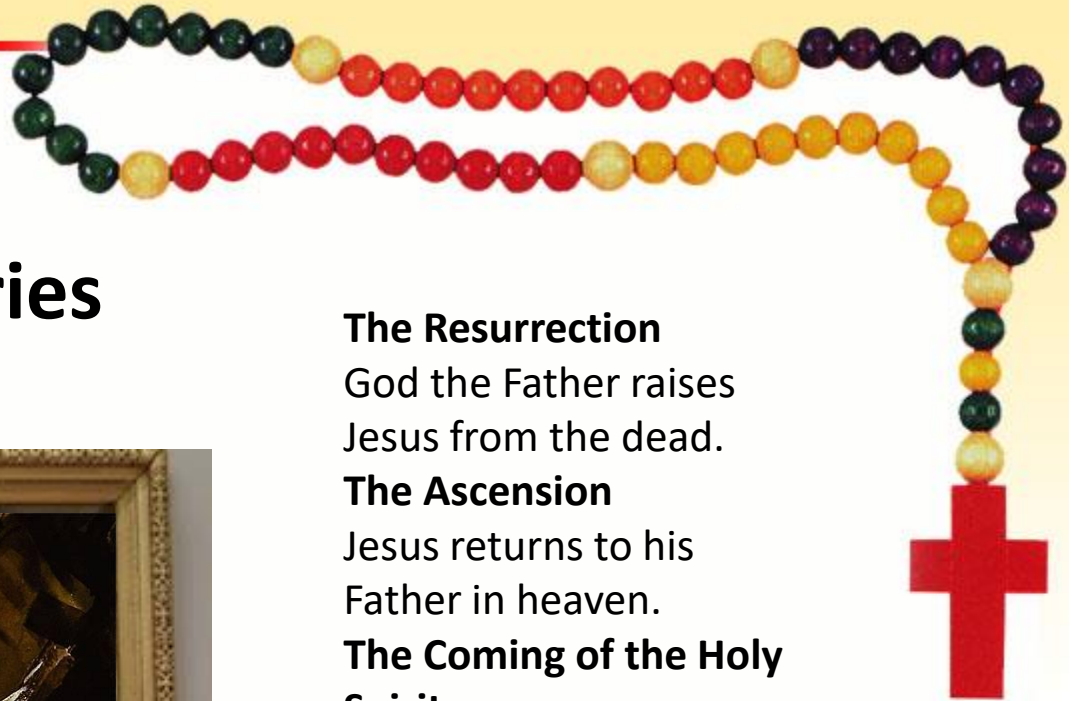
## **The Carrying of the Cross**

Jesus carries the cross that will be used to crucify him.

## **The Crucifixion**

Jesus is nailed to the cross and dies.

# The Glorious Mysteries



## **The Resurrection**

God the Father raises Jesus from the dead.

## **The Ascension**

Jesus returns to his Father in heaven.

## **The Coming of the Holy Spirit**

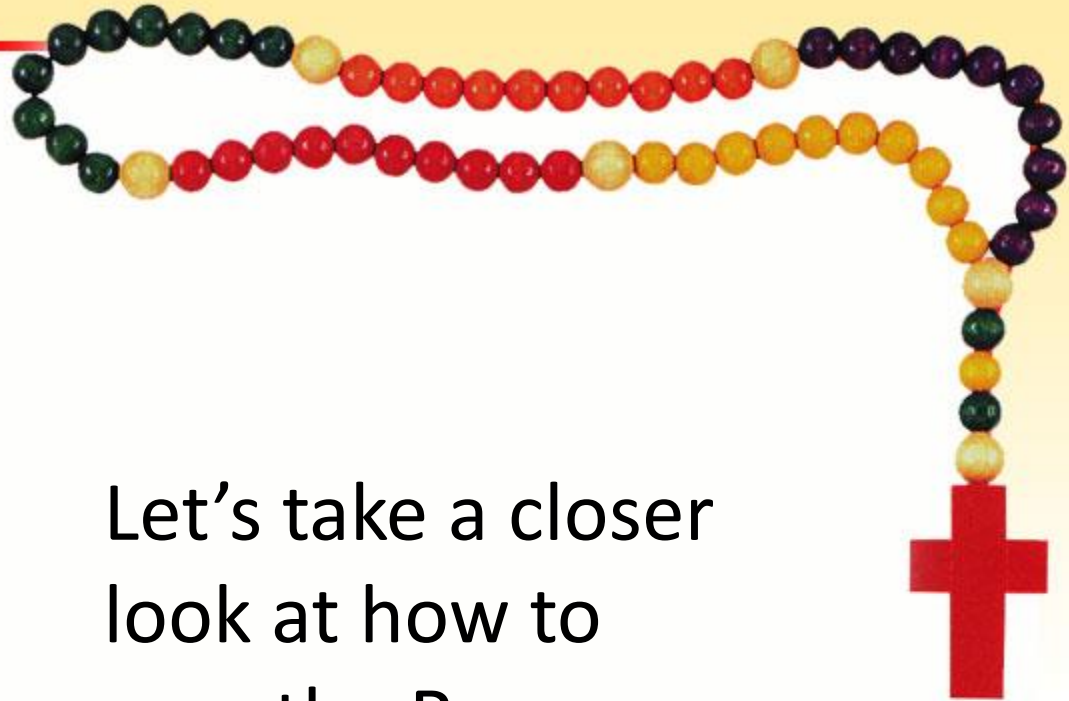
The Holy Spirit comes to bring new life to the disciples.

## **The Assumption of Mary**

At the end of her life on earth, Mary is taken body and soul into heaven.

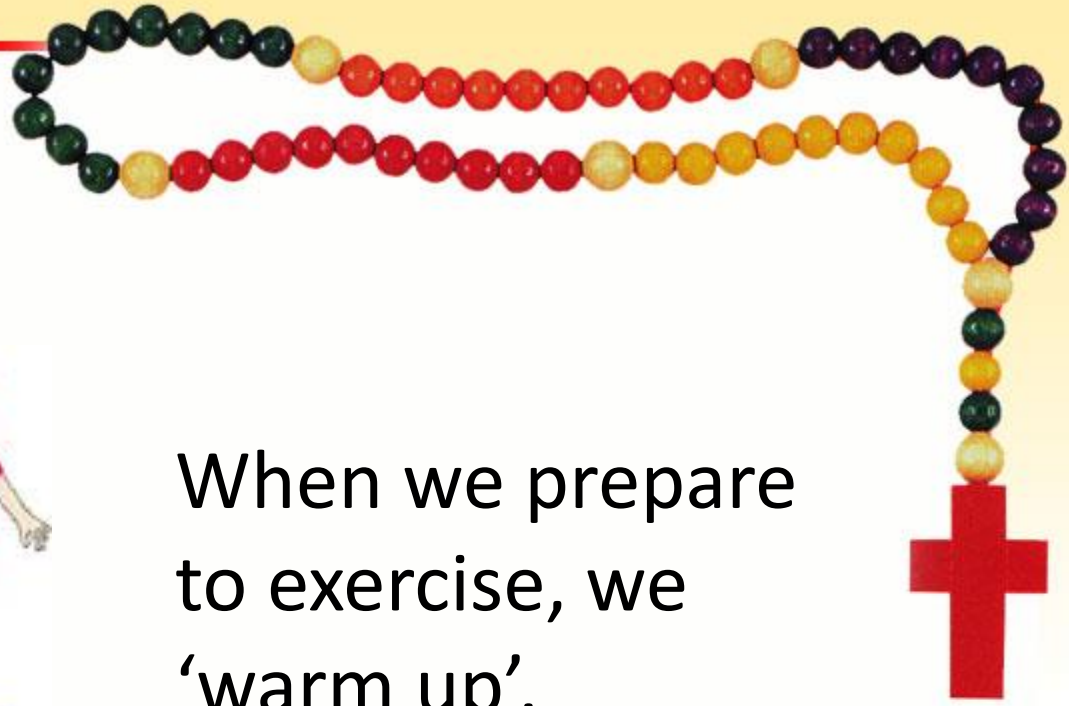
## **The Coronation of Mary**

Mary is crowned as Queen of Heaven and Earth.



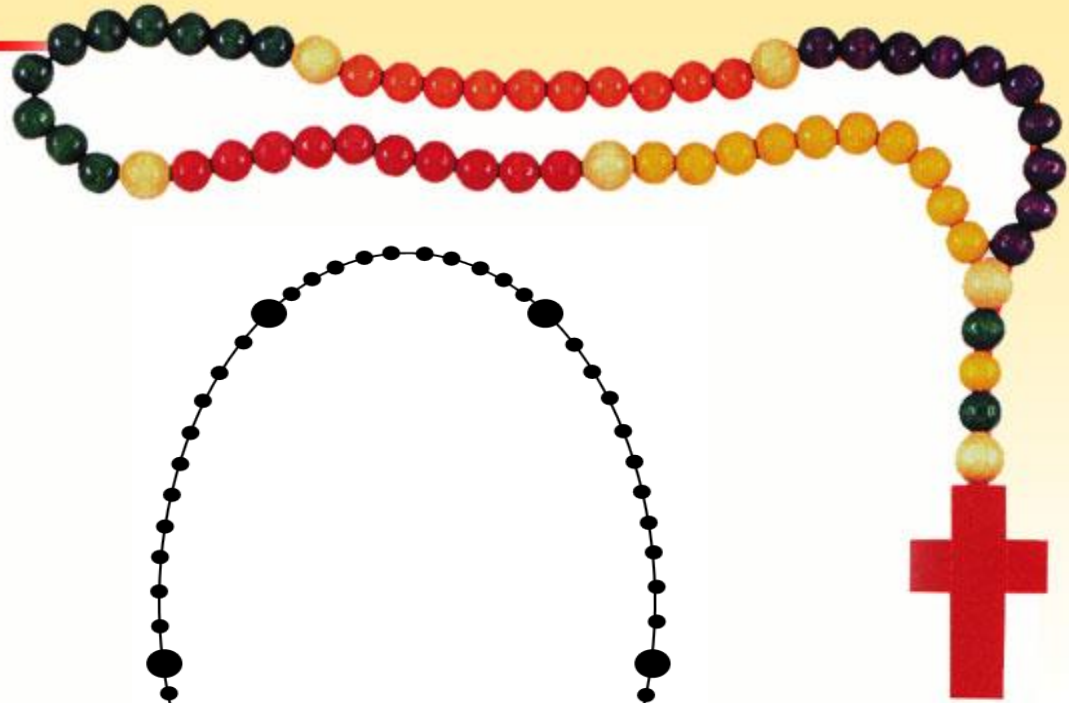
Let's take a closer look at how to pray the Rosary.





When we prepare to exercise, we 'warm up'.

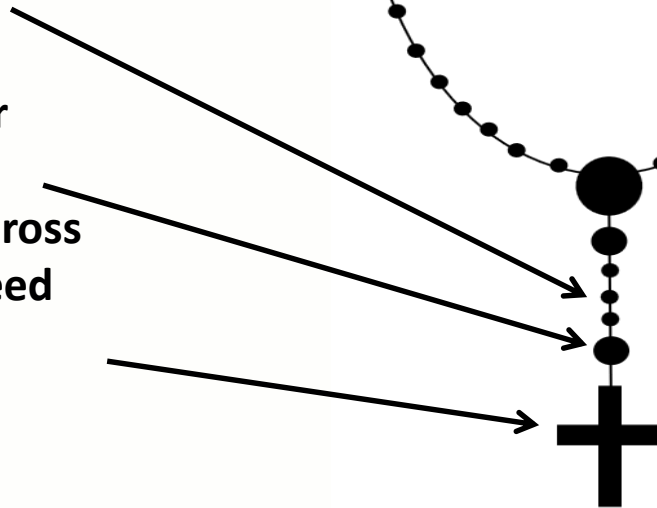
In a similar way, we begin the Rosary with a 'warm up'.



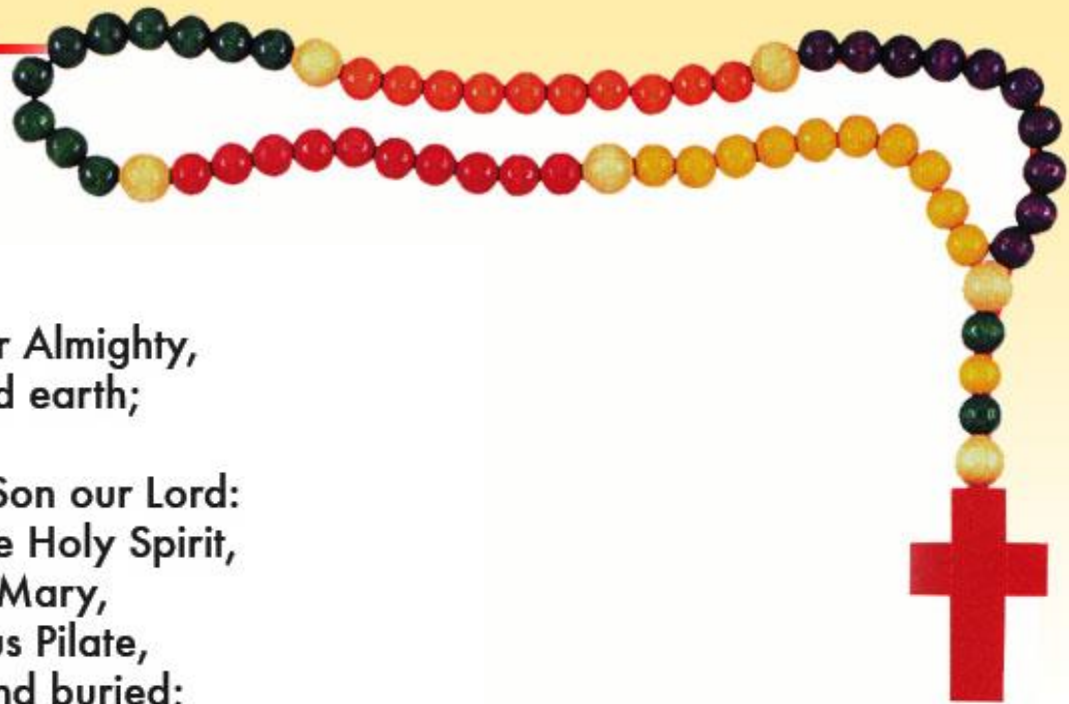
3. Pray Three **Hail Marys**  
(faith, hope, and charity)  
and one **Glory Be to the  
Father**

2. Pray the **Lord's Prayer**

1. Pray the **Sign of the Cross**  
and the **Apostles' Creed**



# The Apostles Creed

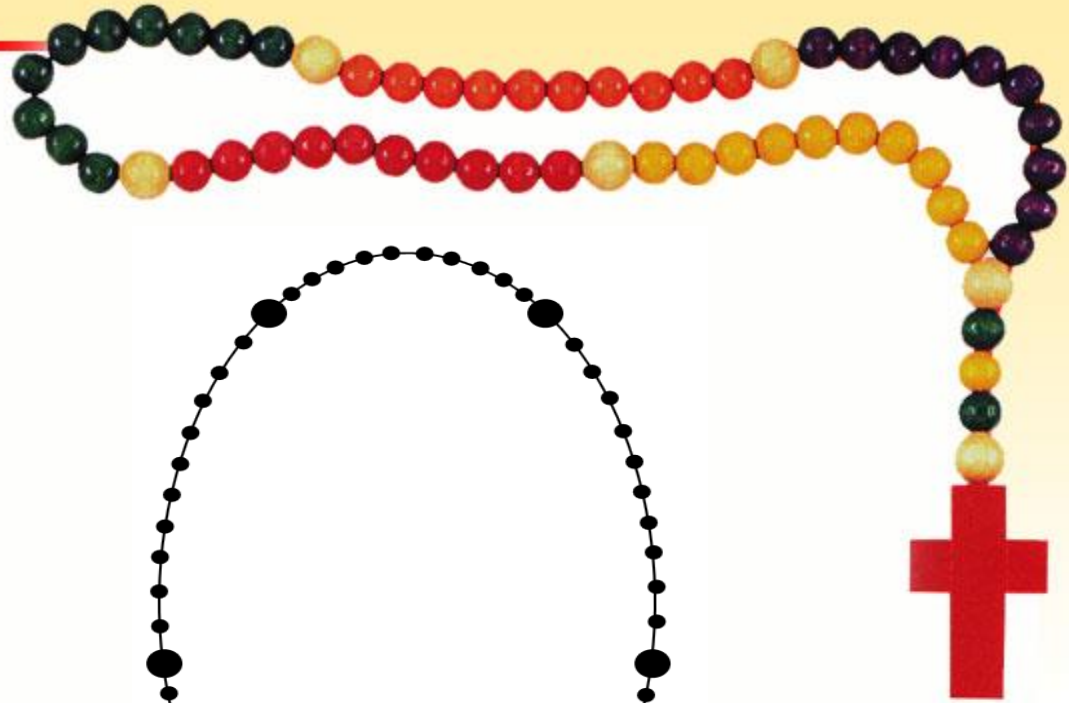


I believe in God the Father Almighty,  
maker of heaven and earth;

And in Jesus Christ his only Son our Lord:  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, dead, and buried;  
he descended into hell;  
the third day he rose from the dead;  
he ascended into heaven,  
and sits at the right hand of God the Father Almighty;  
from there he shall come to judge the living and the dead.

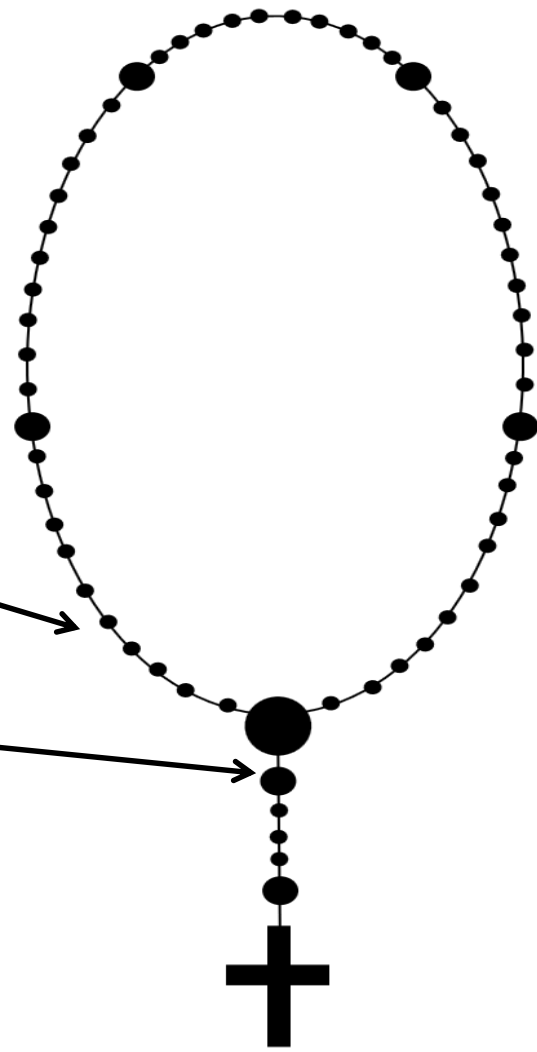
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting.

Amen.



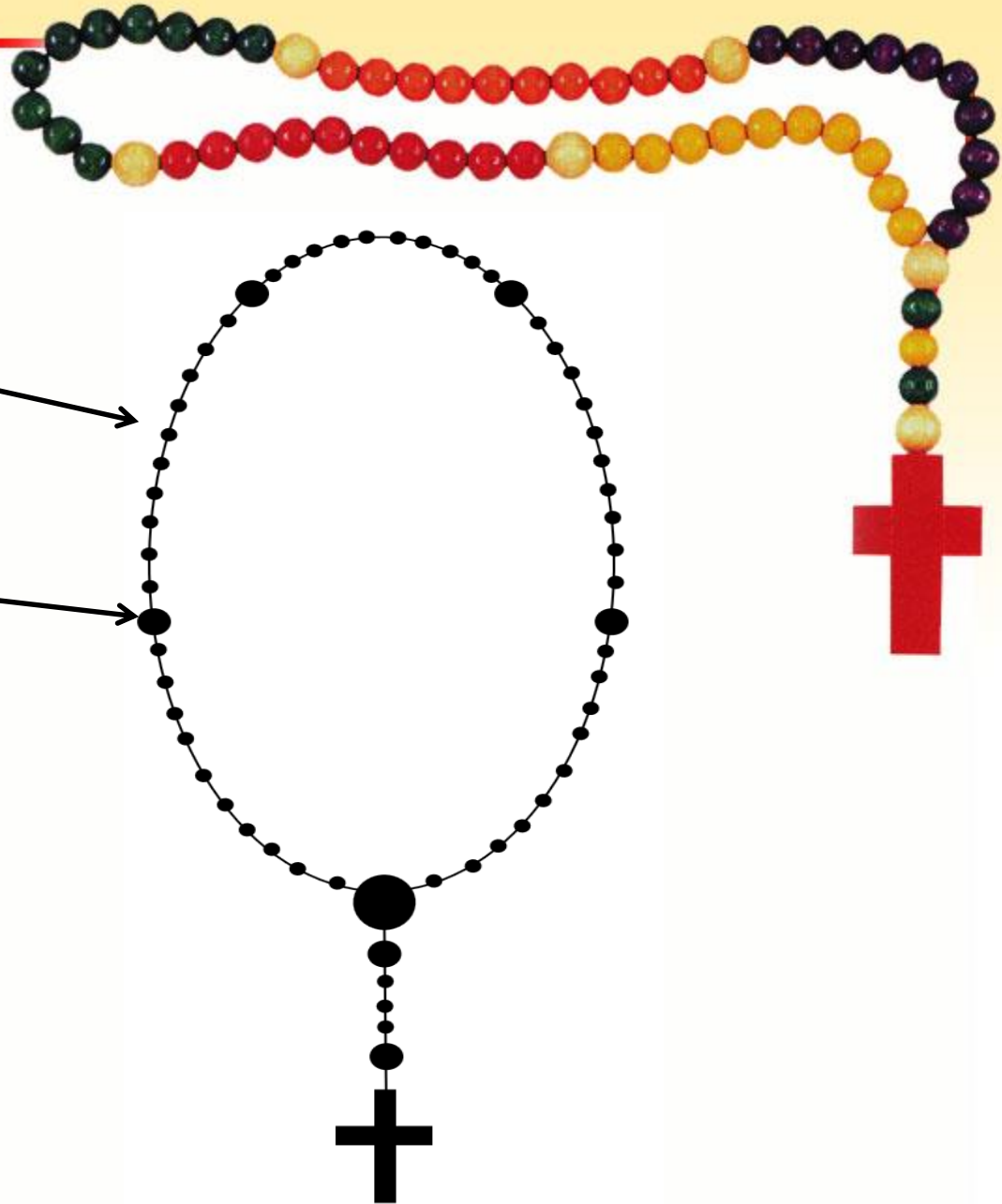
5. Pray ten **Hail Marys** (a decade) and one **Glory Be to the Father**.

4. Think about/announce the first **Mystery**. Pray the **Lord's Prayer**.



7. Pray ten **Hail Marys** (a decade) and one **Glory Be to the Father**.

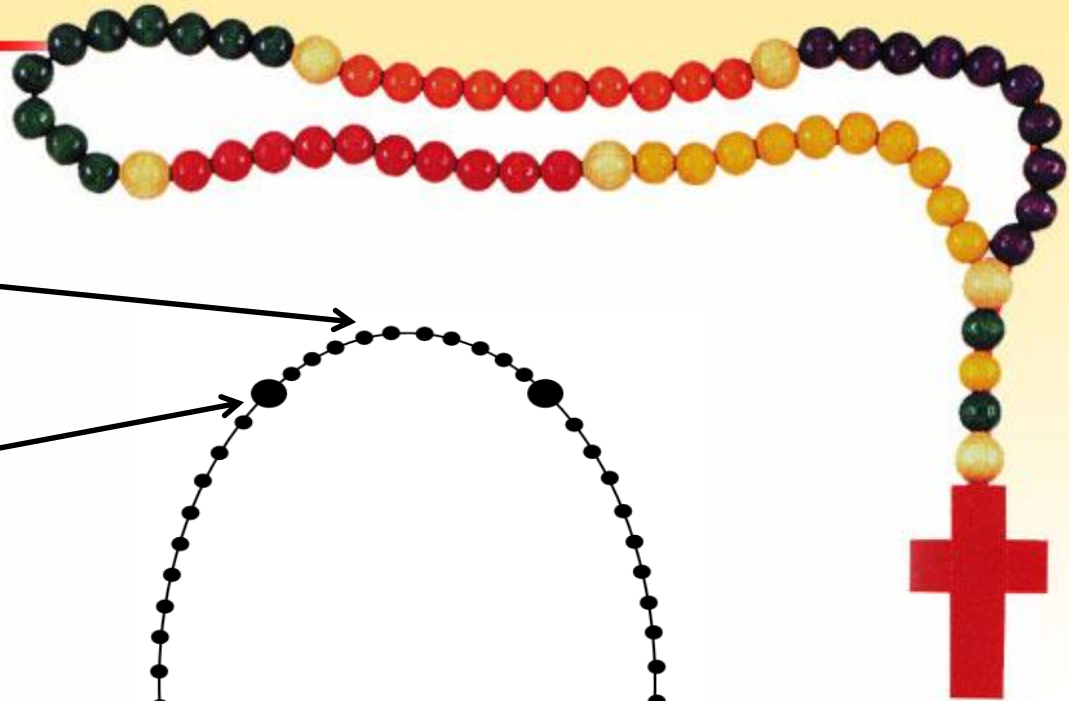
6. Think about/announce the second **Mystery**. Pray the **Lord's Prayer**.





9. Pray ten **Hail Marys** (a decade) and one **Glory Be to the Father**.

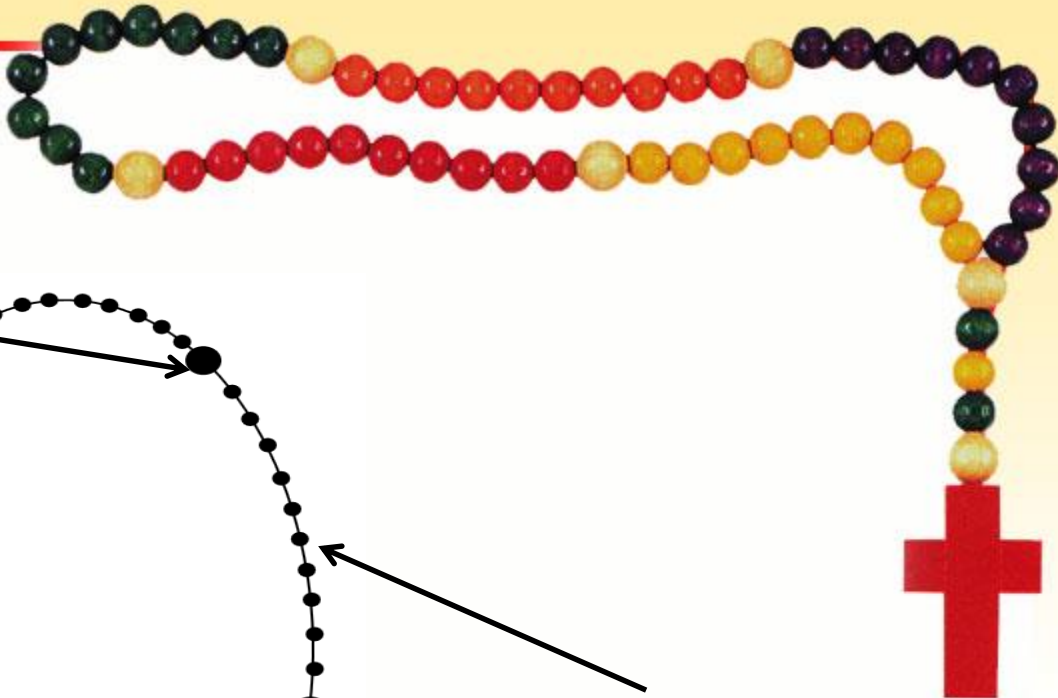
8. Think about/announce the third **Mystery**. Pray the **Lord's Prayer**.

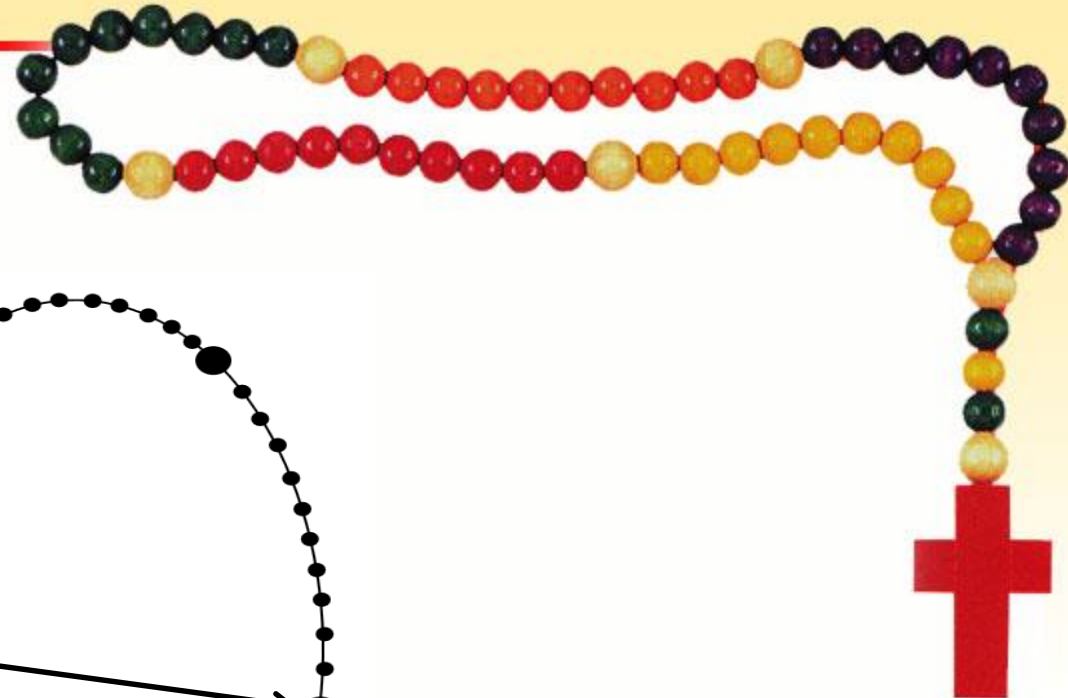


10. Think about/announce  
the fourth **Mystery**.  
Pray the **Lord's Prayer**.

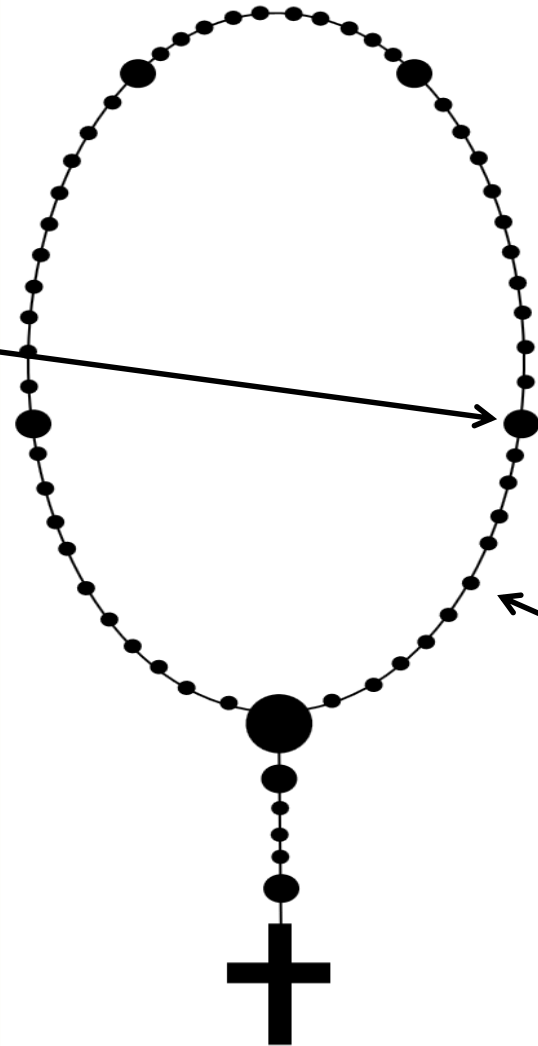


11. Pray ten **Hail Marys** (a  
decade) and one **Glory  
Be to the Father**.



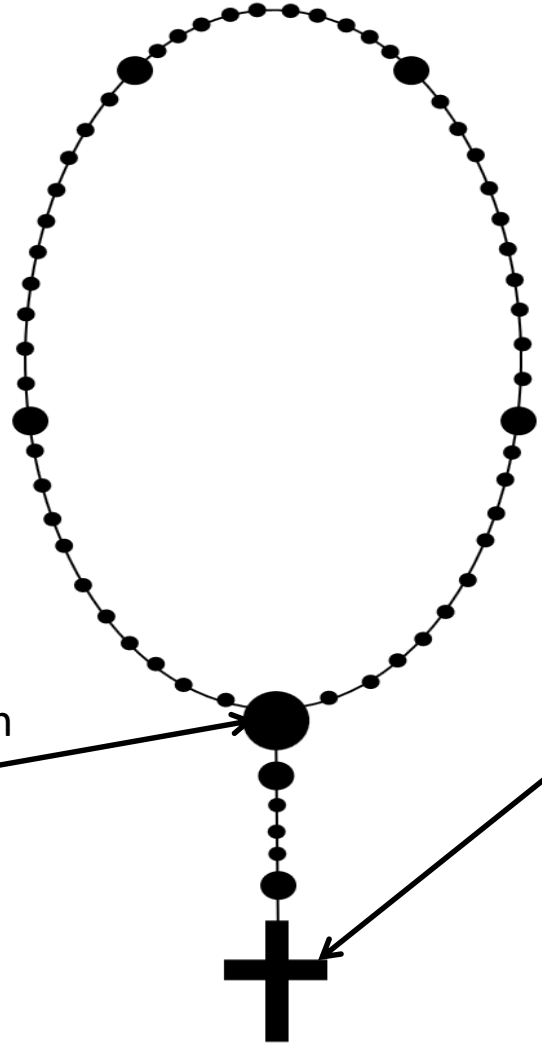
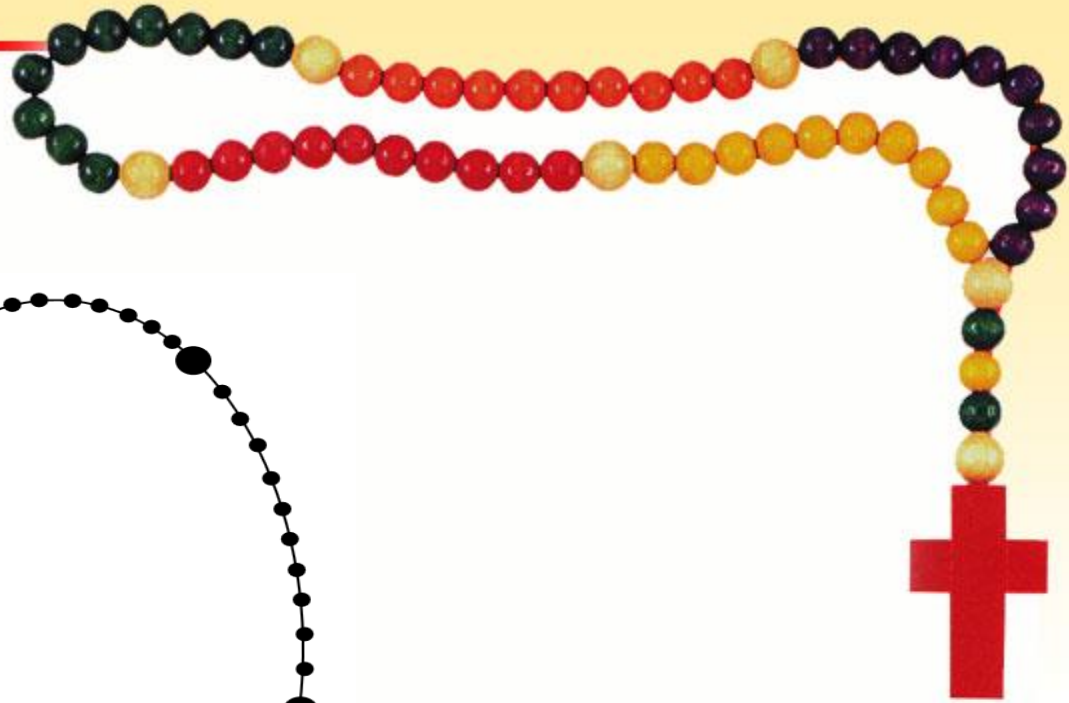


12. Think about/announce the fifth **Mystery**. Pray the **Lord's Prayer**.



13. Pray ten **Hail Marys** (a decade) and one **Glory Be to the Father**.

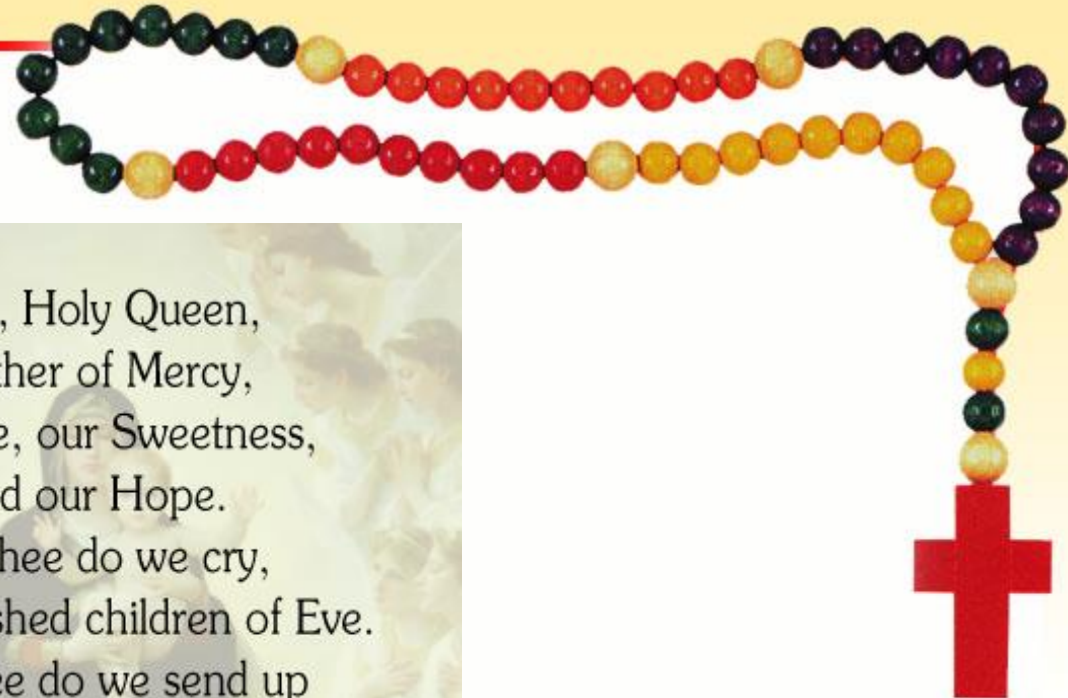




14. Pray the **Hail, Holy Queen** (Rosaries often have a medal here).

15. Pray the **Sign of the Cross**





Salve \*, Regi- na, mater misericór-  
-diæ. Víta, dulcé- do, et spes  
nostra, salve. Ad te clamámus, éxsules,  
fili - i Hevæ. Ad te suspirámus, geméntes  
et flentes in hac lacrimárum valle.  
Ea ergo, Advocá - ta nostra, illos  
tuos misericórdes óculos ad nos  
convérte. Et Jesum, benedíctum fructum  
ventris tui, nobis post hoc exsílum  
osténde. O clemens, O pia,

Hail, Holy Queen,  
Mother of Mercy,  
our Life, our Sweetness,  
and our Hope.  
To Thee do we cry,  
poor banished children of Eve.  
To Thee do we send up  
our sighs mourning and weeping  
in this valley of tears. Turn then,  
most gracious Advocate, Thine Eyes  
of Mercy toward us, and after this our  
exile show unto us the Blessed Fruit  
of thy Womb, Jesus.  
O clement, O loving,  
O sweet Virgin Mary.  
Pray for us O Holy Mother of God;  
That we may be made worthy of  
the promises of Christ.

Salve Regina  
is a Marian Hymn  
which was written  
in the Middle Ages  
by a German monk.

# Rosaries

